

# Winterlaufserie München 23/24

Serienwertung - 02.12.2023 - München



| Platz | PlatzAK | StartNr | Name                  | Team / Verein / Firma   | Nat. | JG   | AK   | Lauf 1   | Lauf 2   | Lauf 3   | Zeit     |
|-------|---------|---------|-----------------------|-------------------------|------|------|------|----------|----------|----------|----------|
| 1     | 1       | 170     | Clara Carste          | adidas Runners Munich   |      | 1999 | WU30 | 00:42:20 | 00:56:41 | 01:17:18 | 02:56:19 |
| 2     | 2       | 484     | Hanna Pfannes         |                         |      | 2003 | WU30 | 00:46:40 | 01:03:17 | 01:24:31 | 03:14:28 |
| 3     | 3       | 455     | Vanessa Neubauer      |                         |      | 2000 | WU30 | 00:45:52 | 01:05:29 | 01:27:57 | 03:19:18 |
| 4     | 1       | 399     | Sylvie Lorenzen       |                         |      | 1973 | W50  | 00:50:45 | 01:07:25 | 01:30:34 | 03:28:44 |
| 5     | 1       | 215     | Jana Feldner          |                         |      | 1985 | W35  | 00:49:20 | 01:08:56 | 01:32:08 | 03:30:24 |
| 6     | 1       | 386     | Chloé Lecrique        |                         |      | 1993 | W30  | 00:51:39 | 01:11:45 | 01:36:37 | 03:40:01 |
| 7     | 1       | 662     | Katharina Weimer      | Team Betty              |      | 1977 | W45  | 00:51:11 | 01:13:47 | 01:36:55 | 03:41:53 |
| 8     | 2       | 290     | Nora Heinzelmann      |                         |      | 1987 | W35  | 00:54:28 | 01:13:27 | 01:38:39 | 03:46:34 |
| 9     | 2       | 133     | Simone Bayer          | MRRC München            |      | 1973 | W50  | 00:56:43 | 01:16:18 | 01:42:45 | 03:55:46 |
| 10    | 2       | 482     | Vera Pfaff            | adap                    |      | 1992 | W30  | 00:53:31 | 01:19:15 | 01:43:15 | 03:56:01 |
| 11    | 3       | 796     | Anita Hunebald        | Olymp-Runners           |      | 1970 | W50  | 00:53:41 | 01:15:19 | 01:50:06 | 03:59:06 |
| 12    | 4       | 307     | Marlis Hiegemann      | Die Rennsemmeln         |      | 1995 | WU30 | 00:58:11 | 01:16:30 | 01:45:18 | 03:59:59 |
| 13    | 3       | 574     | Madeleine Schrank     |                         |      | 1985 | W35  | 00:55:49 | 01:17:22 | 01:48:05 | 04:01:16 |
| 14    | 3       | 706     | Simone Rau            | Accenture               |      | 1991 | W30  | 00:57:32 | 01:13:21 | 01:51:09 | 04:02:02 |
| 15    | 5       | 507     | Judit Rackl           |                         |      | 1997 | WU30 | 00:55:06 | 01:21:19 | 01:47:20 | 04:03:45 |
| 16    | 1       | 550     | Kerstin Schabenberger |                         |      | 1964 | W60  | 00:57:07 | 01:19:24 | 01:48:41 | 04:05:12 |
| 17    | 4       | 927     | Yvonne Jansen         |                         |      | 1985 | W35  | 01:04:41 | 01:17:53 | 01:43:16 | 04:05:50 |
| 18    | 4       | 1073    | Christina Forchhammer | ERDINGER Active TEAM    |      | 1990 | W30  | 00:54:56 | 01:19:38 | 01:52:51 | 04:07:25 |
| 19    | 5       | 674     | Andrea Wichmann       |                         |      | 1989 | W35  | 00:58:09 | 01:23:56 | 01:48:10 | 04:10:15 |
| 20    | 2       | 892     | Nadja Dorothee Thiel  | TSV Jahn Freising 1861  |      | 1964 | W60  | 01:00:51 | 01:24:50 | 01:54:02 | 04:19:43 |
| 21    | 5       | 527     | Teresa Rock           |                         |      | 1994 | W30  | 00:58:28 | 01:24:07 | 01:58:50 | 04:21:25 |
| 22    | 1       | 328     | Claudia Jakowatz      | Rasende Eisvögel        |      | 1965 | W55  | 00:59:39 | 01:25:48 | 01:57:42 | 04:23:09 |
| 23    | 2       | 396     | Anja Link             |                         |      | 1975 | W45  | 01:07:35 | 01:26:25 | 01:52:53 | 04:26:53 |
| 24    | 6       | 315     | Jana Hofmeister       |                         |      | 1991 | W30  | 01:02:27 | 01:27:25 | 01:58:13 | 04:28:05 |
| 25    | 6       | 854     | Katrin Pfeifle        |                         |      | 1986 | W35  | 01:02:43 | 01:32:45 | 01:54:16 | 04:29:44 |
| 26    | 7       | 192     | Cigdem Duman          | Obergiesing             |      | 1987 | W35  | 01:02:52 | 01:26:31 | 02:00:28 | 04:29:51 |
| 27    | 4       | 103     | Katja Adams           | Erdinger Active Team    |      | 1973 | W50  | 01:07:32 | 01:29:04 | 01:57:03 | 04:33:39 |
| 28    | 3       | 256     | Brigitte Haas-Gebhard |                         |      | 1963 | W60  | 01:04:50 | 01:33:37 | 01:57:24 | 04:35:51 |
| 29    | 7       | 225     | Luisa Frank           |                         |      | 1992 | W30  | 01:10:16 | 01:32:24 | 02:04:18 | 04:46:58 |
| 30    | 1       | 340     | Diana Keil            | Sport Ruscher Team      |      | 1958 | W65  | 01:09:27 | 01:32:48 | 02:05:51 | 04:48:06 |
| 31    | 6       | 509     | Laura Raßhofer        |                         |      | 1997 | WU30 | 01:07:19 | 01:37:21 | 02:04:07 | 04:48:47 |
| 32    | 3       | 250     | Kerstin Grashaußer    |                         |      | 1976 | W45  | 01:11:22 | 01:33:58 | 02:15:30 | 05:00:50 |
| 33    | 1       | 376     | Monika Kumer          | Untergiesing-Harlaching |      | 1984 | W40  | 01:16:26 | 01:36:11 | 02:10:06 | 05:02:43 |
| 34    | 1       | 518     | Heidemarie Reinhart   | Sport Ruscher Team      |      | 1951 | W70  | 01:17:57 | 01:41:12 | 02:19:18 | 05:18:27 |
| 1     | 1       | 1136    | Valentin Unterholzner | LG Region Landshut      |      | 1992 | M30  | 00:36:12 | 00:52:31 | 01:10:07 | 02:38:50 |
| 2     | 1       | 585     | Maximilian Schwinn    |                         |      | 1989 | M35  | 00:39:29 | 00:54:45 | 01:13:31 | 02:47:45 |
| 3     | 1       | 676     | Holger Wiedermann     | MRRC München            |      | 1981 | M40  | 00:40:27 | 00:54:50 | 01:14:45 | 02:50:02 |
| 4     | 2       | 306     | Lukas Hiegemann       | Team Rennsemmeln        |      | 1992 | M30  | 00:39:48 | 00:56:13 | 01:14:51 | 02:50:52 |

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|-------|---------|---------|-----------------------|-----------------------|------|------|------|----------|----------|----------|----------|
| 5     | 3       | 435     | Lukas Michels         | Ottobrunn             |      | 1994 | M30  | 00:38:51 | 00:52:39 | 01:22:38 | 02:54:08 |
| 6     | 4       | 325     | Jonas Hürten          |                       |      | 1993 | M30  | 00:41:59 | 00:56:35 | 01:16:28 | 02:55:02 |
| 7     | 1       | 113     | Maik Aßhoff           | MRRC München          |      | 1995 | MU30 | 00:40:49 | 00:58:15 | 01:18:17 | 02:57:21 |
| 8     | 1       | 171     | Curt Carste           | adidas Runners Munich |      | 1969 | M55  | 00:42:20 | 00:59:09 | 01:19:07 | 03:00:36 |
| 9     | 2       | 733     | Janek Binzen          |                       |      | 1989 | M35  | 00:41:14 | 01:00:50 | 01:19:04 | 03:01:08 |
| 10    | 1       | 610     | Andy Stiehler         | ESV Neuaubing         |      | 1976 | M45  | 00:43:16 | 00:59:55 | 01:21:22 | 03:04:33 |
| 11    | 2       | 297     | Gerhard Herbort       | LG Sempt              |      | 1976 | M45  | 00:43:32 | 01:00:04 | 01:21:50 | 03:05:26 |
| 12    | 1       | 534     | Hans-Martin Rörig     |                       |      | 1970 | M50  | 00:44:21 | 01:00:20 | 01:22:29 | 03:07:10 |
| 13    | 2       | 431     | Patrick Meyer         |                       |      | 1981 | M40  | 00:45:44 | 01:02:55 | 01:20:09 | 03:08:48 |
| 14    | 5       | 808     | Jonas Klatte          |                       |      | 1991 | M30  | 00:42:43 | 01:04:10 | 01:21:55 | 03:08:48 |
| 15    | 3       | 517     | Ralph Reinemann       |                       |      | 1985 | M35  | 00:44:46 | 01:00:22 | 01:24:28 | 03:09:36 |
| 16    | 4       | 530     | Fabian Romahn         |                       |      | 1985 | M35  | 00:44:15 | 01:00:31 | 01:25:32 | 03:10:18 |
| 17    | 2       | 439     | Oskar Mölter          | MuMa                  |      | 1998 | MU30 | 00:43:20 | 01:02:24 | 01:24:58 | 03:10:42 |
| 18    | 5       | 271     | Nico Häring           |                       |      | 1986 | M35  | 00:42:54 | 01:01:38 | 01:27:04 | 03:11:36 |
| 19    | 2       | 308     | Thorolf Hieronymus    |                       |      | 1966 | M55  | 00:45:05 | 01:02:59 | 01:24:56 | 03:13:00 |
| 20    | 6       | 337     | Stefan Karg           |                       |      | 1988 | M35  | 00:46:12 | 01:03:29 | 01:23:32 | 03:13:13 |
| 21    | 7       | 870     | Tim Schmalenberg      |                       |      | 1989 | M35  | 00:46:57 | 01:04:45 | 01:23:43 | 03:15:25 |
| 22    | 8       | 165     | Benjamin Busl         | Team Isarland         |      | 1986 | M35  | 00:44:38 | 01:03:33 | 01:27:52 | 03:16:03 |
| 23    | 6       | 332     | Micha Juhnke          |                       |      | 1990 | M30  | 00:45:20 | 01:05:39 | 01:25:42 | 03:16:41 |
| 24    | 9       | 436     | Igor Mijatovic        |                       |      | 1986 | M35  | 00:42:51 | 01:09:40 | 01:25:07 | 03:17:38 |
| 25    | 3       | 495     | Kay Plötner           |                       |      | 1979 | M45  | 00:45:22 | 01:04:50 | 01:27:34 | 03:17:46 |
| 26    | 2       | 334     | Denis Kadic           | LG Stadtwerke München |      | 1974 | M50  | 00:47:13 | 01:05:40 | 01:25:06 | 03:17:59 |
| 27    | 3       | 206     | Armin Engelhard       |                       |      | 1969 | M55  | 00:47:59 | 01:05:28 | 01:27:17 | 03:20:44 |
| 28    | 3       | 584     | Johann Schwenk        |                       |      | 1980 | M40  | 00:44:54 | 01:06:38 | 01:30:56 | 03:22:28 |
| 29    | 4       | 383     | Matthias Langer       | Running Company       |      | 1966 | M55  | 00:46:41 | 01:06:11 | 01:32:45 | 03:25:37 |
| 30    | 7       | 590     | Stephan Sinzig        | SG Nußloch Schwimmen  |      | 1992 | M30  | 00:48:44 | 01:06:05 | 01:30:56 | 03:25:45 |
| 31    | 4       | 298     | Laurent Hernandez     | #oneminutefaster      |      | 1980 | M40  | 00:47:56 | 01:07:55 | 01:30:13 | 03:26:04 |
| 32    | 3       | 572     | Julian Schote         |                       |      | 1997 | MU30 | 00:49:06 | 01:06:24 | 01:30:52 | 03:26:22 |
| 33    | 3       | 388     | Raf Leenen            |                       |      | 1972 | M50  | 00:49:29 | 01:05:48 | 01:31:26 | 03:26:43 |
| 34    | 8       | 536     | Johannes Rottner      | München               |      | 1991 | M30  | 00:47:27 | 01:07:20 | 01:33:00 | 03:27:47 |
| 35    | 4       | 588     | Stephan Sellmaier     |                       |      | 1971 | M50  | 00:50:33 | 01:06:21 | 01:31:41 | 03:28:35 |
| 36    | 4       | 658     | Ingo Weber            | SV Dachau             |      | 1975 | M45  | 00:48:02 | 01:08:57 | 01:31:54 | 03:28:53 |
| 37    | 10      | 384     | Armin Laumann         |                       |      | 1986 | M35  | 00:45:19 | 01:02:24 | 01:41:18 | 03:29:01 |
| 38    | 5       | 632     | Maximilian Tschochner | Milbertshofen         |      | 1982 | M40  | 00:49:55 | 01:08:29 | 01:30:43 | 03:29:07 |
| 39    | 5       | 279     | Ralf Haydn            |                       |      | 1979 | M45  | 00:48:10 | 01:09:25 | 01:33:19 | 03:30:54 |
| 40    | 5       | 904     | Reiner Winters        | Running Company       |      | 1965 | M55  | 00:50:08 | 01:09:10 | 01:33:47 | 03:33:05 |
| 41    | 1       | 549     | Günther Schabenberger |                       |      | 1964 | M60  | 00:50:12 | 01:08:44 | 01:35:27 | 03:34:23 |
| 42    | 11      | 239     | Gabriel Gillessen     |                       |      | 1988 | M35  | 00:50:59 | 01:10:30 | 01:35:01 | 03:36:30 |

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|-------|---------|---------|-------------------------|----------------------------|------|------|-------|----------|----------|----------|----------|
| 43    | 1       | 410     | Johannes Maier          |                            |      | 2006 | MJU20 | 00:45:46 | 01:13:13 | 01:37:53 | 03:36:52 |
| 44    | 12      | 418     | Dennis Mätschke         | Erdinger Active Team       |      | 1985 | M35   | 00:51:19 | 01:12:52 | 01:33:38 | 03:37:49 |
| 45    | 5       | 538     | Torsten Ruest           |                            |      | 1973 | M50   | 00:51:15 | 01:12:21 | 01:34:58 | 03:38:34 |
| 46    | 6       | 246     | Ulrich Gräbner          |                            |      | 1981 | M40   | 00:50:46 | 01:12:38 | 01:37:35 | 03:40:59 |
| 47    | 1       | 445     | Heiner Müller           |                            |      | 1959 | M65   | 00:53:03 | 01:14:39 | 01:34:14 | 03:41:56 |
| 48    | 6       | 598     | Enrico Sporleder        | Deutsche Bank AG           |      | 1978 | M45   | 00:48:48 | 01:17:27 | 01:38:13 | 03:44:28 |
| 49    | 6       | 901     | Jörg Wermke             |                            |      | 1974 | M50   | 00:51:53 | 01:12:55 | 01:39:45 | 03:44:33 |
| 50    | 13      | 695     | Felix Bischoff          | Accenture                  |      | 1986 | M35   | 00:49:33 | 01:07:30 | 01:47:53 | 03:44:56 |
| 51    | 2       | 144     | Karl Besson             | Sport Ruscher Team         |      | 1959 | M65   | 00:53:23 | 01:14:27 | 01:37:54 | 03:45:44 |
| 52    | 7       | 846     | Josef Obermeier         |                            |      | 1978 | M45   | 00:50:48 | 01:12:12 | 01:43:34 | 03:46:34 |
| 53    | 14      | 661     | Marcus Weiler           | München                    |      | 1989 | M35   | 00:54:30 | 01:13:30 | 01:38:35 | 03:46:35 |
| 54    | 15      | 790     | Michael Herzog          |                            |      | 1988 | M35   | 00:51:48 | 01:12:10 | 01:42:50 | 03:46:48 |
| 55    | 8       | 771     | Daniel Fürstenau        | München                    |      | 1978 | M45   | 00:56:46 | 01:14:16 | 01:36:29 | 03:47:31 |
| 56    | 9       | 456     | Felix Neuchl            |                            |      | 1993 | M30   | 00:52:25 | 01:16:54 | 01:38:47 | 03:48:06 |
| 57    | 6       | 773     | Stefan Giesa            | RC Abschnitt Mitte         |      | 1969 | M55   | 00:51:20 | 01:17:41 | 01:42:36 | 03:51:37 |
| 58    | 3       | 369     | Ludwig Kreidl           | RSLC Holzkirchen           |      | 1955 | M65   | 00:53:53 | 01:15:41 | 01:42:29 | 03:52:03 |
| 59    | 7       | 683     | Andreas Wolff           |                            |      | 1966 | M55   | 00:57:02 | 01:15:35 | 01:40:01 | 03:52:38 |
| 60    | 7       | 352     | Tobias Kobler           |                            |      | 1973 | M50   | 00:50:36 | 01:13:06 | 01:49:50 | 03:53:32 |
| 61    | 10      | 135     | Justin Becker           | Die Rennsemmeln            |      | 1994 | M30   | 00:55:50 | 01:16:17 | 01:41:28 | 03:53:35 |
| 62    | 11      | 234     | Matthias Geisser        |                            |      | 1994 | M30   | 00:52:23 | 01:18:38 | 01:42:43 | 03:53:44 |
| 63    | 16      | 877     | Dr. Christopher Schropp |                            |      | 1985 | M35   | 00:56:52 | 01:15:32 | 01:45:30 | 03:57:54 |
| 64    | 2       | 233     | Rupert Gebhard          | Sport für Spenden          |      | 1961 | M60   | 00:56:40 | 01:18:35 | 01:42:57 | 03:58:12 |
| 65    | 9       | 726     | Carsten Schütt          | HSG München Sommerbiathlon |      | 1979 | M45   | 00:55:57 | 01:21:12 | 01:41:06 | 03:58:15 |
| 66    | 8       | 163     | Marcus Burkard          | G&B                        |      | 1971 | M50   | 00:58:33 | 01:18:15 | 01:43:26 | 04:00:14 |
| 67    | 17      | 443     | Markus Mühlhaus         |                            |      | 1987 | M35   | 00:56:38 | 01:18:47 | 01:45:52 | 04:01:17 |
| 68    | 7       | 1049    | Michael Dretzko         |                            |      | 1984 | M40   | 00:55:09 | 01:16:40 | 01:49:36 | 04:01:25 |
| 69    | 10      | 739     | Joachim Brinkmann       | MRRC München               |      | 1976 | M45   | 00:55:41 | 01:18:13 | 01:48:43 | 04:02:37 |
| 70    | 8       | 583     | Stefan Schwembacher     |                            |      | 1980 | M40   | 00:55:12 | 01:14:49 | 01:52:50 | 04:02:51 |
| 71    | 8       | 686     | Mark Zanzig             |                            |      | 1965 | M55   | 00:57:28 | 01:19:52 | 01:48:58 | 04:06:18 |
| 72    | 9       | 356     | Martin Kotter           | München                    |      | 1974 | M50   | 01:00:36 | 01:18:50 | 01:49:07 | 04:08:33 |
| 73    | 18      | 193     | Felix Düsberg           |                            |      | 1989 | M35   | 00:57:16 | 01:23:24 | 01:50:36 | 04:11:16 |
| 74    | 12      | 682     | Paul Vincent Wojatschek |                            |      | 1990 | M30   | 00:54:38 | 01:27:25 | 01:51:24 | 04:13:27 |
| 75    | 13      | 678     | Leo Wildfeuer           | adap                       |      | 1991 | M30   | 00:53:08 | 01:29:19 | 01:51:29 | 04:13:56 |
| 76    | 9       | 319     | Horst Hörmann           | Rasende Eisvögel           |      | 1966 | M55   | 01:01:22 | 01:23:04 | 01:51:25 | 04:15:51 |
| 77    | 14      | 500     | Lukas Prestele          |                            |      | 1992 | M30   | 00:53:06 | 01:32:56 | 01:51:25 | 04:17:27 |
| 78    | 10      | 168     | Vincenzo Carabillo      | tour50                     |      | 1973 | M50   | 00:59:27 | 01:25:48 | 01:53:03 | 04:18:18 |
| 79    | 10      | 174     | Siegfried Chaluppa      | BSV Flughafen München      |      | 1965 | M55   | 01:03:25 | 01:26:11 | 01:53:45 | 04:23:21 |
| 80    | 1       | 134     | Willi Beck              | TSV 1862 Neuburg           |      | 1953 | M70   | 01:04:21 | 01:26:37 | 01:55:19 | 04:26:17 |

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|-------|---------|---------|------------------|-----------------------|------|------|-----|----------|----------|----------|----------|
| 81    | 4       | 194     | Harald Düsdieker | forice89              |      | 1958 | M65 | 01:00:44 | 01:26:05 | 01:59:58 | 04:26:47 |
| 82    | 2       | 368     | Jakob Kreidl     |                       |      | 1952 | M70 | 01:00:02 | 01:28:03 | 02:02:14 | 04:30:19 |
| 83    | 19      | 690     | Kilian Zinnecker |                       |      | 1989 | M35 | 01:05:49 | 01:29:55 | 01:55:14 | 04:30:58 |
| 84    | 11      | 664     | Michael Weiss    |                       |      | 1974 | M50 | 01:02:27 | 01:29:49 | 01:59:29 | 04:31:45 |
| 85    | 3       | 511     | Werner Raßhofer  | Isarrunners           |      | 1962 | M60 | 01:00:47 | 01:28:00 | 02:04:35 | 04:33:22 |
| 86    | 11      | 772     | Ettore Gandolfi  |                       |      | 1979 | M45 | 01:05:11 | 01:30:20 | 02:01:46 | 04:37:17 |
| 87    | 12      | 677     | Marcus Wiesner   |                       |      | 1979 | M45 | 01:01:56 | 01:29:48 | 02:08:53 | 04:40:37 |
| 88    | 20      | 510     | Richard Raßhofer | Isarrunners           |      | 1987 | M35 | 01:09:27 | 01:28:01 | 02:04:36 | 04:42:04 |
| 89    | 3       | 406     | Gerhard Mages    |                       |      | 1952 | M70 | 01:07:13 | 01:30:47 | 02:10:28 | 04:48:28 |
| 90    | 11      | 434     | Marcus Michel    |                       |      | 1966 | M55 | 01:03:00 | 01:30:32 | 02:16:07 | 04:49:39 |
| 91    | 5       | 651     | Wolfgang Wallis  |                       |      | 1955 | M65 | 01:08:21 | 01:35:26 | 02:12:03 | 04:55:50 |
| 92    | 4       | 780     | Uwe Gutjahr      | MTV München Triathlon |      | 1960 | M60 | 01:12:13 | 01:40:45 | 02:14:43 | 05:07:41 |