

Post SV Frühjahrslauf 2016

Schultheiss Halbmarathon - 19.03.2016 - Nürnberg



Platz	PlatzAK	StartNr	Name	Team / Verein / Firma	Nat.	JG	AK	Runde1	Runde2	Runde3	Runde4	Runde5	Runde6	Zeit
1	1	524	Christine Beck	Post SV		1980	W35	00:13:50	00:29:30	00:45:18	01:00:56	01:16:45	01:32:21	01:36:55
2	1	647	Debra Zizkel			1989	WU30	00:15:49	00:33:11	00:50:58	01:09:09	01:27:21	01:45:26	01:50:51
3	1	523	Abigail Weldon			1984	W30	00:15:48	00:33:37	00:51:34	01:09:32	01:27:42	01:46:06	01:51:41
4	2	497	Andrea Preiss	Laufteam Fürth 2010 e.V.		1981	W35	00:16:47	00:35:26	00:54:00	01:12:35	01:30:17	01:47:35	01:52:40
5	2	530	Melanie Brandl			1986	W30	00:15:32	00:33:43	00:52:03	01:10:35	01:29:24	01:48:14	01:53:49
6	2	517	Johanna Weber			1993	WU30	00:14:51	00:32:40	00:51:45	01:11:18	01:31:22	01:51:58	01:57:58
7	1	484	Silke Haßler			1976	W40	00:19:23	00:41:56	01:04:50	01:28:13	01:52:15	02:17:28	02:25:15
1	1	541	Christian Schinkel	LAC Quelle		1980	M35	00:10:50	00:23:22	00:35:45	00:48:11	01:00:49	01:13:31	01:17:22
2	1	624	Jens Miesen			1985	M30	00:11:00	00:23:46	00:36:32	00:49:19	01:02:08	01:14:59	01:18:53
3	1	629	Philip Pasch			1990	MU30	00:11:16	00:24:05	00:37:12	00:50:27	01:03:52	01:17:17	01:21:22
4	2	526	Simon Sudler	Laufen gegen Leiden e. V.		1978	M35	00:11:38	00:24:46	00:38:01	00:51:14	01:04:37	01:18:00	01:21:59
5	2	637	Borja Alcazar	SV Mannheim		1985	M30	00:12:15	00:26:00	00:39:37	00:53:16	01:06:43	01:20:11	01:24:20
6	2	532	Steffen Kohlmann	Osteopathie Sinsheim		1993	MU30	00:11:58	00:25:35	00:39:25	00:53:17	01:07:08	01:20:44	01:24:46
7	1	522	Stefan Miyagi			1976	M40	00:11:35	00:25:25	00:39:32	00:53:39	01:07:51	01:21:52	01:26:30
8	3	527	Michael Kratzer			1985	M30	00:11:46	00:25:18	00:39:08	00:53:03	01:07:14	01:21:32	01:27:40
9	4	508	Marcel Jenzewski	Verein: Wodka-Cola		1983	M30	00:12:31	00:26:29	00:40:40	00:55:09	01:10:04	01:25:15	01:29:44
10	5	640	Matthias Dyker	TSV Katzwang 05		1982	M30	00:12:37	00:26:58	00:41:31	00:56:19	01:11:11	01:25:35	01:29:52
11	6	493	Klaus Wichmann			1982	M30	00:13:43	00:28:42	00:43:42	00:58:55	01:14:15	01:29:36	01:34:18
12	2	531	Markus Anders			1974	M40	00:13:24	00:28:38	00:44:01	00:59:37	01:15:17	01:31:06	01:35:50
13	1	496	Lutz König			1970	M45	00:13:21	00:28:36	00:44:00	00:59:37	01:15:35	01:31:09	01:35:55
14	7	521	Bart van Soest			1986	M30	00:13:11	00:28:21	00:43:54	00:59:40	01:15:23	01:31:35	01:36:14
15	3	515	Radek Rucinski			1979	M35	00:13:21	00:28:35	00:43:58	00:59:36	01:15:36	01:32:30	01:37:25
16	4	512	Jürgen Gamenik			1980	M35	00:13:22	00:28:41	00:44:23	01:00:38	01:16:53	01:33:50	01:38:49
17	8	536	Franz Hauer			1984	M30	00:12:56	00:28:00	00:43:52	01:00:10	01:17:10	01:34:33	01:39:59
18	1	519	Ludwig Maier			1962	M50	00:13:46	00:29:20	00:45:19	01:01:54	01:18:49	01:36:23	01:41:27
19	5	538	Radim Divis			1978	M35	00:13:30	00:29:30	00:45:59	01:02:49	01:19:52	01:37:07	01:42:30
20	3	513	Andreas Rühl			1972	M40	00:13:56	00:30:09	00:46:33	01:03:52	01:20:52	01:38:02	01:43:08
21	2	486	Andreas Franke			1969	M45	00:15:28	00:31:58	00:48:25	01:04:37	01:21:03	01:38:02	01:43:08
22	9	645	Thomas Meier			1982	M30	00:16:15	00:34:15	00:51:19	01:07:10	01:22:44	01:38:19	01:43:16
23	6	643	Thomas Buxmeier			1979	M35	00:16:15	00:34:15	00:51:19	01:07:10	01:22:44	01:38:19	01:43:16
24	2	516	Reinhard Mäusbacher	Team Erdinger Alkoholfrei		1963	M50	00:13:52	00:29:32	00:46:16	01:04:01	01:21:41	01:39:17	01:44:34
25	10	537	Michael Reif			1984	M30	00:13:38	00:29:46	00:46:46	01:04:02	01:22:11	01:40:53	01:46:17
26	3	505	Felix Tiesch			1987	MU30	00:15:05	00:32:06	00:49:04	01:06:21	01:23:24	01:41:06	01:46:23
27	11	509	Phillip Meinardus			1984	M30	00:15:10	00:32:05	00:49:10	01:06:35	01:23:47	01:41:05	01:46:32
28	4	525	Matteo Rizzi			1989	MU30	00:15:31	00:32:51	00:50:18	01:07:40	01:24:55	01:41:35	01:46:33
29	12	644	Andreas Kolja	TS Altenfurt		1985	M30	00:15:24	00:32:18	00:49:31	01:07:01	01:25:12	01:44:03	01:49:46
30	3	506	Karl Bauer			1965	M50	00:15:20	00:32:28	00:49:57	01:08:08	01:26:57	01:44:46	01:50:02
31	4	540	Teddi-Cristian Timnovan			1972	M40	00:15:03	00:33:02	00:50:45	01:08:57	01:27:05	01:44:45	01:50:19

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32	5	617	Sebastian Böhme			1991	MU30	00:15:39	00:33:31	00:51:17	01:09:22	01:27:20	01:45:30	01:50:56
33	4	467	Jürgen Rudolph			1966	M50	00:15:35	00:32:31	00:49:38	01:07:30	01:26:07	01:45:21	01:51:31
34	7	489	Niklas Deutschmann			1979	M35	00:15:54	00:33:52	00:52:04	01:11:02	01:28:28	01:46:28	01:51:38
35	8	495	Achim Bogner			1980	M35	00:14:17	00:31:02	00:48:16	01:06:41	01:25:20	01:45:24	01:51:41
36	1	507	Günther Donath			1957	M55	00:15:28	00:33:11	00:50:58	01:09:08	01:27:20	01:45:44	01:51:42
37	13	539	Umut Orhon			1985	M30	00:15:48	00:33:37	00:51:34	01:09:32	01:27:42	01:46:07	01:51:44
38	3	533	Henrik Grau	Team Klinikum Nürnberg		1971	M45	00:14:44	00:32:50	00:50:29	01:08:30	01:27:35	01:47:20	01:53:09
39	1	487	Josef Kestel			1948	M65	00:15:45	00:33:41	00:51:45	01:10:09	01:29:16	01:48:49	01:54:43
40	6	520	Marcel Kaag			1990	MU30	00:14:50	00:32:40	00:51:44	01:11:18	01:31:22	01:51:58	01:57:59
41	14	528	Pawel Leinweber			1982	M30	00:15:55	00:32:46	00:50:03	01:07:49	01:26:23	01:45:41	01:58:35
42	15	535	Christian Sier			1983	M30	00:23:48	00:38:00	00:52:59	01:08:17	01:23:59	01:40:09	01:59:39
43	5	510	Sven Zettelmeier			1972	M40	00:16:32	00:35:25	00:54:06	01:13:25	01:33:35	01:54:38	02:01:07
44	6	498	Horst Bub			1976	M40	00:16:32	00:35:24	00:54:06	01:13:25	01:33:35	01:54:38	02:01:07
45	7	580	Stelian Herget	Post SV		1994	MU30	00:13:11	00:28:17	00:44:25	01:02:49	01:27:57	01:54:36	02:02:02
46	5	491	Eugen Kroemer			1964	M50	00:16:48	00:35:45	00:54:46	01:14:04	01:34:18	01:56:10	02:02:54
47	6	433	Franz Schwengler			1963	M50	00:16:46	00:36:36	00:57:07	01:18:50	01:40:59	02:03:38	02:10:07
48	1	494	Jörg Küstermann			1952	M60	00:17:51	00:38:21	00:58:49	01:21:13	01:44:50	02:05:51	02:13:01
49	1	514	Hans Jürgen Fuchs			1946	M70	00:19:23	00:41:46	01:04:28	01:28:07	01:52:16	02:17:28	02:25:16