

Kramp Run 2022

10 km Kramp Run - 01.05.2022 - Bamberg



Platz	PlatzAK	StartNr	Name	Team / Verein / Firma	Nat.	JG	AK	2,5km	5km	7,5km	Zeit
1	1	23	Ingalena Schömburg-Heuck	LG Bamberg		1986	W35	00:08:35	00:17:48	00:27:05	00:36:29
2	1	103	Elvira Flurschütz	SC Kemmern		1989	W30	00:09:15	00:19:03	00:29:02	00:39:01
3	2	189	Jessica Ittner	TSV 1860 Staffelstein		1992	W30	00:09:21	00:19:14	00:29:28	00:39:31
4	3	269	Rebecca Neundörfer	Böhllein Sports Bamberg		1990	W30	00:09:35	00:20:22	00:31:27	00:42:36
5	1	170	Manuela Glöckner	SC Kemmern		1976	W45	00:09:48	00:20:33	00:31:41	00:42:50
6	1	273	Johanna Fehringer	Laufmeile Bamberg		1994	WU30	00:10:39	00:21:54	00:32:44	00:43:02
7	1	328	Sabrina Strauß	SC Kemmern		1979	W40	00:10:31	00:21:39	00:33:01	00:44:21
8	2	691	Elisabeth Schubert			1993	WU30	00:10:12	00:22:15	00:33:29	00:44:23
9	2	270	Sabrina Plontasch	Böhllein Sports Bamberg		1985	W35	00:10:46	00:22:18	00:33:41	00:44:57
10	2	331	Nicole Karner	Zabelstein Runners		1976	W45	00:10:53	00:22:18	00:33:42	00:45:11
11	1	158	Christine Schrenker-Schöpf	TV 1848 Coburg		1965	W55	00:10:46	00:22:23	00:33:56	00:45:39
12	1	2	Dagmar Gärtner			1961	W60	00:10:54	00:22:31	00:34:17	00:45:51
13	2	108	Sabine Nitzsche	TV 1848 Coburg		1979	W40	00:11:05	00:22:34	00:34:10	00:45:55
14	2	333	Regina Hellinger	ASC Marktrodach		1959	W60	00:11:09	00:22:56	00:34:40	00:46:15
15	3	197	Katja Schmiede	Team Icehouse e.V.		1979	W40	00:10:26	00:22:47	00:34:42	00:46:36
16	4	185	Anja Schrödel	MaliCrew e.V.		1988	W30	00:11:15	00:23:13	00:35:02	00:46:38
17	3	263	Andrea Chmiel	Böhllein Sports Bamberg		1983	W35	00:10:46	00:22:32	00:34:42	00:46:43
18	3	180	Carolin Heuer			1997	WU30	00:11:30	00:23:15	00:35:12	00:47:01
19	4	301	Andrea Trunk	DJK SC Vorra		1979	W40	00:10:49	00:22:45	00:34:48	00:47:07
20	5	34	Andrea Eujen			1981	W40	00:11:00	00:23:02	00:35:11	00:47:11
21	1	237	Kathrin Rödiger	Run and Bike-Team Coburg		1968	W50	00:11:12	00:23:17	00:35:35	00:47:55
22	3	56	Stephanie Stania	DJK SC Vorra		1974	W45	00:11:07	00:23:15	00:35:37	00:48:01
23	2	188	Geli Nehr	SC Kemmern		1968	W50	00:11:34	00:23:42	00:35:53	00:48:04
24	4	295	Sabrina Kolb			1986	W35	00:11:23	00:23:26	00:35:47	00:48:07
25	3	92	Gabi Bastian	DJK SC Vorra		1968	W50	00:11:10	00:23:28	00:36:05	00:48:38
26	5	53	Verena Göller	IfA Nonstop Bamberg		1984	W35	00:11:36	00:23:46	00:36:12	00:48:50
27	5	190	Nicole Postler	SC Kemmern		1990	W30	00:11:10	00:23:31	00:36:20	00:49:01
28	2	119	Christine Geuß	SC Kemmern		1966	W55	00:11:36	00:24:04	00:36:42	00:49:19
29	6	72	Sonja Meingast	FMcoaching.de		1986	W35	00:11:48	00:24:23	00:37:03	00:49:34
30	6	80	Kristina Reichenberger	All eyes on Kira		1988	W30	00:11:26	00:23:48	00:36:48	00:49:53
31	4	316	Miriam Baumann	BePo		1998	WU30	00:11:32	00:24:18	00:37:36	00:49:54
32	5	317	Jenny Hillen	BePo		2000	WU30	00:11:33	00:24:17	00:37:35	00:49:59
33	6	68	Melanie Kruscha	Die Mugels		1999	WU30	00:12:38	00:25:23	00:38:02	00:50:19
34	7	246	Julia Brückner	Run and Bike-Team Coburg		1984	W35	00:12:03	00:24:49	00:37:42	00:50:48
35	1	307	Anna Gonnert	Zabelstein Runners		2003	WJU20	00:11:10	00:24:05	00:37:29	00:50:53
36		678	Franziska Küppers				W	00:12:27	00:25:17	00:38:23	00:50:58
37	6	673	Ivonne Hartling	Laufteam SV 1924 Münchenbernsdorf		1978	W40	00:12:09	00:25:15	00:38:13	00:51:09
38	4	208	Isabell Lef	TSV Güntersleben		1975	W45	00:11:49	00:24:42	00:37:55	00:51:20

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Platz	PlatzAK	StartNr	Name	Team / Verein / Firma	Nat.	JG	AK	2,5km	5km	7,5km	Zeit
39	7	294	Melissa Steinmetz			1993	WU30	00:13:09	00:26:28	00:39:13	00:52:05
40	8	219	Lisa Sieg			1994	WU30	00:12:57	00:26:22	00:39:33	00:52:23
41	4	91	Brita Wagner	RSM GmbH		1970	W50	00:12:54	00:26:17	00:39:30	00:52:27
42	9	310	Viktoría Lissek	MaliCrew e.V.		1996	WU30	00:11:52	00:25:07	00:38:57	00:52:43
43	7	206	Erika Brauner			1989	W30	00:12:55	00:26:32	00:39:54	00:52:44
44	5	629	Cristina Pereira Claus			1976	W45	00:12:46	00:26:04	00:39:32	00:52:49
45	3	231	Kerstin Sures	DJK SC Vorra		1960	W60	00:12:19	00:25:43	00:39:18	00:53:01
46	7	639	Susanne Röder	Radio Bamberg		1981	W40	00:12:56	00:26:21	00:40:06	00:53:47
47	8	222	Katharina Konradi			1988	W30	00:11:43	00:25:23	00:39:46	00:54:18
48	9	156	Melissa Torres	bytabo GmbH		1992	W30	00:12:35	00:26:18	00:40:11	00:54:27
49	5	666	Kathrin Zwosta	DJK Teutonia Gaustadt		1971	W50	00:12:50	00:26:21	00:40:25	00:54:45
50	8	224	Agathe Griebsch			1983	W35	00:12:45	00:26:29	00:40:42	00:55:04
51	9	670	Saskia Koch			1984	W35	00:13:17	00:27:05	00:41:12	00:55:15
52	6	110	Alexandra Pfuhlmann	SG Eltmann Mainathlon Gazellen		1973	W45	00:13:18	00:27:05	00:41:13	00:55:29
53	8	329	Evelin Penzler	Zabelstein Runners		1982	W40	00:13:01	00:27:12	00:41:40	00:55:33
54	9	127	Simone Liebl	Run Boy Run		1981	W40	00:14:04	00:27:55	00:41:49	00:55:40
55	10	661	Hanna Kunzelmann			1995	WU30	00:13:42	00:28:45	00:43:01	00:56:08
56	7	337	Stefanie Meister	MaliCrew e.V.		1974	W45	00:13:41	00:28:03	00:42:38	00:56:56
57	3	131	Maren Rieder	Schwimmverein Bamberg		1964	W55	00:13:51	00:28:15	00:42:53	00:57:24
58	10	126	Melanie Grasser	Run Boy Run		1982	W40	00:14:09	00:28:46	00:43:23	00:57:48
59	6	10	Judith Herwig	Rupp + Hubrach Laufteam		1972	W50	00:13:46	00:28:08	00:43:00	00:58:02
60	11	146	Jacqueline Hermentin	Kramp bewegt		1993	WU30	00:13:24	00:28:14	00:43:24	00:58:53
61	12	133	Ellen Kuckling	Ein Herz für Hunde		1996	WU30	00:14:30	00:29:15	00:44:13	00:59:12
62	11	65	Silke Wächter	Zabelstein Runners		1980	W40	00:14:41	00:29:36	00:44:34	00:59:30
63	10	204	Adrienn Tóth-Horváth			1988	W30	00:13:19	00:28:23	00:45:05	01:00:07
64	7	88	Iris Dr. Eschenbacher			1968	W50	00:14:46	00:30:09	00:45:46	01:01:16
65	10	28	Ulrike Jansen			1984	W35	00:15:07	00:30:39	00:46:16	01:01:35
66	8	248	Gaby Georgi	Run and Bike-Team Coburg		1975	W45	00:14:40	00:29:53	00:45:44	01:02:07
67	9	201	Sanna Pohlmann			1977	W45	00:14:22	00:30:00	00:45:59	01:02:23
68	8	112	Karen Stein			1970	W50	00:15:31	00:31:26	00:47:12	01:02:44
69	13	42	Marisa Husslein	DJK Teutonia Gaustadt		1996	WU30	00:13:31	00:28:53	00:45:41	01:03:29
70	12	12	Ramona Thomas			1978	W40	00:13:13	00:28:36	00:47:10	01:04:09
71	1	69	Ilona Huwald	Laufgruppe Bettmar		1947	W75	00:15:52	00:32:08	00:48:21	01:04:54
72	11	99	Valentina Schütz			1987	W35	00:15:25	00:31:34	00:48:41	01:04:58
73	13	159	Rodica Niemeyer			1981	W40	00:15:44	00:32:00	00:48:55	01:05:12
74	14	677	Johanna Klemm			1994	WU30	00:13:46	00:29:38	00:47:10	01:05:51
75	1	78	Helena Schell	Hella und Papa rocken die 10 KM		2008	WJU16	00:16:09	00:33:14	00:50:25	01:06:24
76	14	251	Helen Kastner	LG Ludwigschorgast		1982	W40	00:16:03	00:32:45	00:49:50	01:06:42

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77	10	6	Diana Müller			1975	W45	00:15:46	00:32:40	00:50:04	01:07:21
78	4	249	Kerstin Kircher	Run and Bike-Team Coburg		1960	W60	00:19:51	00:41:20	01:04:51	01:28:20
1	1	686	Joseph Katib	FitterTEC Hightech Trainingslabor		1982	M40	00:07:39	00:15:40	00:23:37	00:31:34
2	1	262	Christopher Dels	Böhnlein Sports Bamberg		1984	M35	00:07:39	00:15:45	00:23:57	00:32:10
3	2	257	Holger Link	Böhnlein Sports Bamberg		1982	M40	00:07:57	00:16:34	00:25:19	00:33:58
4	1	696	Markus Schwartz	TSV Katzwang 05		1990	M30	00:08:13	00:16:50	00:25:36	00:34:08
5	1	332	Michael Köhnlein	TSV 1860 Staffelstein		1999	MU30	00:08:09	00:16:51	00:25:36	00:34:09
6	2	312	Christopher Nowak	LG Bamberg		1984	M35	00:08:09	00:16:52	00:25:46	00:34:36
7	2	692	Lukas Steinmetz	TG 48 Schweinfurt		1993	MU30	00:08:18	00:17:11	00:26:18	00:35:14
8	1	234	Alexander Bauer	TV 1848 Coburg		1976	M45	00:08:28	00:17:28	00:26:34	00:35:35
9	3	121	Martin Hain	Zabelstein Runners		1986	M35	00:08:35	00:17:48	00:27:07	00:36:17
10	2	672	Daniel Rosenberg	Laufteam SV 1924 Münchenbernsdorf		1976	M45	00:08:16	00:17:27	00:26:56	00:36:23
11	2	693	Valentin Koch			1989	M30	00:08:39	00:17:48	00:27:07	00:36:25
12	3	695	Paul Sommer	TSV Katzwang 05		1995	MU30	00:08:33	00:17:46	00:27:04	00:36:28
13	3	221	Johannes Schwabe	TS Herzogenaurach		1980	M40	00:08:34	00:17:47	00:27:06	00:36:33
14	1	209	Carsten Schmidt	LG Haßberge		1967	M55	00:08:38	00:17:49	00:27:09	00:36:37
15	4	275	Roland Wickles	MaliCrew e.V.		1983	M35	00:08:51	00:18:10	00:27:35	00:36:47
16	1	311	Roland Wild	LG Bamberg		1968	M50	00:08:46	00:18:10	00:27:43	00:37:09
17	5	260	Daniel Deuber	Böhnlein Sports Bamberg		1984	M35	00:08:38	00:17:58	00:27:39	00:37:15
18	3	169	Matthias Kimpel	MaliCrew e.V.		1988	M30	00:09:03	00:18:27	00:28:01	00:37:31
19	4	205	Julien Bonifay			1982	M40	00:08:47	00:18:10	00:27:52	00:37:39
20	5	253	Mike Büttner	Böhnlein Sports Bamberg		1982	M40	00:09:02	00:18:51	00:28:46	00:38:30
21	4	700	Fabian Reinwand	SG Eltmann		2000	MU30	00:09:20	00:19:12	00:29:12	00:38:36
22	6	242	Oliver Bühling	Run and Bike-Team Coburg		1979	M40	00:09:16	00:18:57	00:28:51	00:38:39
23	2	266	Markus Meyers	Böhnlein Sports Bamberg		1970	M50	00:09:09	00:18:59	00:29:01	00:38:42
24	3	137	Sascha Marr			1974	M45	00:09:09	00:18:59	00:29:00	00:38:52
25	4	324	Joachim Alt	Freaky Friday Runners Bamberg		1973	M45	00:09:11	00:19:11	00:29:07	00:38:56
26	5	220	Klaus Reichel	Triathlon & Vegan Team		1973	M45	00:09:10	00:18:58	00:29:02	00:38:59
27	6	26	Andreas Bauer			1985	M35	00:09:03	00:19:03	00:29:12	00:39:07
28	2	176	Berthold Krug	MaliCrew e.V.		1967	M55	00:09:14	00:19:07	00:29:12	00:39:07
29	3	258	Christian Schwab	Böhnlein Sports Bamberg		1970	M50	00:09:10	00:18:59	00:29:13	00:39:08
30	1	322	Alexander Rietz	BePo		2003	MJU20	00:09:33	00:19:34	00:29:31	00:39:17
31	7	321	Sebastian Bleisteiner	BePo		1983	M35	00:09:33	00:19:34	00:29:31	00:39:18
32	3	154	Marco Franke	Kramp bewegt		1966	M55	00:09:19	00:19:11	00:29:16	00:39:24
33	5	699	Holger Ganschow	MaliCrew e.V.		1996	MU30	00:09:25	00:19:24	00:29:22	00:39:24
34	6	120	Patrick Götz	IfA Nonstop Bamberg		1997	MU30	00:09:34	00:19:35	00:29:42	00:39:27
35	7	303	Tim Förtsch	SV Bamberg		1978	M40	00:09:24	00:19:25	00:29:32	00:39:29
36	4	13	Marcus Groll	TSV Hawaii Gerbrunn		1992	M30	00:09:20	00:19:27	00:29:35	00:39:35

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37	7	274	Sebastian Schulze	Laufmeile Bamberg		1993	MU30	00:09:35	00:19:35	00:29:43	00:39:46
38	8	9	Michael Dachwald	Die Mugels		1986	M35	00:09:11	00:19:14	00:29:34	00:39:49
39	8	313	Alexander Kurz	LG Bamberg		1980	M40	00:09:23	00:19:36	00:29:58	00:40:06
40	9	635	Tobias Kiehl	CrossFit Bamberg		1983	M35	00:09:49	00:20:02	00:30:16	00:40:08
41	10	175	Marcel Friedrich	DJK Teutonia Gaustadt		1986	M35	00:09:23	00:19:36	00:29:58	00:40:13
42	5	139	Marcel Hasler	1.FC Oberhaid		1991	M30	00:08:57	00:19:08	00:29:42	00:40:27
43	9	96	Matthias Fröhlich	SC Kemmern		1982	M40	00:09:16	00:19:13	00:29:54	00:40:30
44	4	283	Oliver Popp	MaliCrew e.V.		1965	M55	00:09:48	00:19:54	00:30:09	00:40:31
45	5	325	Klaus Geuß	SC Kemmern		1965	M55	00:09:39	00:19:49	00:30:10	00:40:41
46	11	73	Friedrich Meingast	FMcoaching.de		1985	M35	00:09:38	00:19:49	00:30:18	00:40:43
47	4	135	Michael Vetter	MaliCrew e.V.		1969	M50	00:09:38	00:19:50	00:30:18	00:40:59
48	10	244	Markus Roth	Run and Bike-Team Coburg		1981	M40	00:09:40	00:20:10	00:30:50	00:41:15
49	12	174	Max Graf	tricamp		1983	M35	00:10:00	00:20:19	00:30:52	00:41:21
50	11	128	Wolfgang Sperber	ESC Höchstadt		1980	M40	00:09:45	00:20:16	00:31:05	00:41:34
51	6	186	Klaus Halves	TV 1848 Coburg		1967	M55	00:09:45	00:20:16	00:31:04	00:41:48
52	12	118	Marco Steppan	fourlaeufer		1980	M40	00:09:54	00:20:21	00:31:13	00:41:51
53	7	211	Thomas Dippold			1965	M55	00:10:08	00:20:43	00:31:25	00:41:52
54	13	104	Stefan Wilhelm	-IDA-		1979	M40	00:10:12	00:20:56	00:31:46	00:42:10
55	6	679	Jens Baier	SG Argental		1990	M30	00:10:23	00:20:49	00:31:32	00:42:15
56	6	22	Jobst Giehler	SV Bamberg		1973	M45	00:09:24	00:19:43	00:31:11	00:42:19
57	7	279	Christian Diller	LG Starkenschwind		1977	M45	00:09:57	00:20:40	00:31:33	00:42:20
58	7	674	Ivan Solskyy	Bamberg UA		1988	M30	00:10:12	00:20:58	00:31:50	00:42:21
59	14	636	Roland Hau			1981	M40	00:10:11	00:20:56	00:31:42	00:42:24
60	8	245	Patrick Kaim	Run and Bike-Team Coburg		1991	M30	00:10:22	00:21:10	00:31:53	00:42:25
61	8	286	Thomas Ruder	Zabelstein Runners		1976	M45	00:10:17	00:20:57	00:31:46	00:42:25
62	1	218	Wolfgang Thiem	TV 1848 Coburg		1960	M60	00:10:06	00:20:47	00:31:45	00:42:27
63	13	239	Matthias Schmitt	Run and Bike-Team Coburg		1986	M35	00:10:24	00:21:10	00:31:53	00:42:28
64	14	167	Sebastian Wolf	Dribbelige Wiesel		1984	M35	00:09:59	00:20:39	00:31:35	00:42:35
65	15	87	Matthias Berdolt			1981	M40	00:10:21	00:21:04	00:31:51	00:42:37
66	2	172	Claus Popp	IFA Nonstop Bamberg / Freaky Friday Runners		1958	M60	00:10:00	00:20:44	00:31:45	00:42:39
67	16	202	Rainer Rother			1979	M40	00:09:33	00:20:15	00:31:39	00:42:48
68	17	293	Andreas Wicovsky	Concordia Wolfsloch		1978	M40	00:10:26	00:21:19	00:32:13	00:42:56
69	18	117	Christian Wunner			1978	M40	00:10:27	00:21:32	00:32:22	00:43:12
70	19	336	Felix Rümer			1982	M40	00:10:11	00:20:57	00:32:06	00:43:17
71	9	207	Quinten De Roos			1973	M45	00:10:07	00:21:01	00:32:07	00:43:19
72	8	687	Manuel Blankenheim			2002	MU30	00:11:18	00:22:03	00:32:42	00:43:26
73	9	166	Felix Göller	Die Zwei lustigen Drei		1992	M30	00:10:08	00:21:01	00:32:16	00:43:27
74	10	36	Andreas Kirchner	TuT Pegnitz		1976	M45	00:10:27	00:21:25	00:32:35	00:43:29

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75	10	653	Robin Bläsing			1990	M30	00:10:43	00:22:05	00:33:24	00:44:03
76	5	155	Dietmar Urban	DJK Teutonia Gaustadt		1972	M50	00:10:22	00:21:20	00:32:42	00:44:07
77	20	21	Jörg Glaßl	LG Bamberg		1981	M40	00:10:30	00:21:34	00:32:55	00:44:15
78	15	278	Gerd Steiner	Bischberg Runners		1984	M35	00:10:52	00:22:00	00:33:15	00:44:16
79	16	655	Witali Bytschkow			1987	M35	00:10:14	00:21:29	00:33:13	00:44:20
80	3	698	Gerhard Dallheimer	Raiba-Team Feucht		1958	M60	00:10:12	00:21:33	00:33:03	00:44:21
81	17	46	Konstantinos Konstantinidis			1985	M35	00:11:19	00:22:44	00:33:48	00:44:24
82	11	256	Marcel Pauer	Böhnlein Sports Bamberg		1991	M30	00:10:56	00:22:12	00:33:29	00:44:24
83	18	38	Christopher Schug	Martin-Luther-Gang		1984	M35	00:10:27	00:21:32	00:32:56	00:44:27
84	12	227	Udo Burgis			1992	M30	00:11:06	00:22:31	00:33:53	00:44:28
85	13	225	Jens Bodenstag	CVJM Bamberg		1992	M30	00:11:06	00:22:31	00:33:53	00:44:29
86	6	694	Robert Cüris			1970	M50	00:10:33	00:21:46	00:33:18	00:44:32
87	7	254	Carsten Unger	Böhnlein Sports Bamberg		1970	M50	00:10:26	00:21:19	00:33:06	00:44:38
88	19	255	Torsten Horn	Böhnlein Sports Bamberg		1986	M35	00:10:46	00:21:58	00:33:16	00:44:46
89	14	654	Ferdinand Mittermeier			1992	M30	00:11:06	00:22:30	00:33:54	00:44:53
90	15	59	Markus Radwansky			1991	M30	00:11:06	00:22:35	00:34:07	00:44:56
91	2	134	Noah Kraus	DJK Teutonia Gaustadt		2004	MJU20	00:11:02	00:22:29	00:33:52	00:45:00
92	8	93	Dieter Bastian	DJK SC Vorra		1965	M55	00:10:33	00:21:56	00:33:35	00:45:18
93	1	287	Fynn Liebner			2006	MJU18	00:11:09	00:22:56	00:34:24	00:45:30
94	9	688	Tobias Pfeifle			2002	MU30	00:11:42	00:23:23	00:34:44	00:45:31
95	16	183	Max Schabdach	Die wilden Fohlen		1991	M30	00:11:02	00:22:33	00:34:03	00:45:38
96	8	302	Jürgen Weitz	Run and Bike-Team Coburg		1970	M50	00:11:07	00:22:32	00:33:54	00:45:43
97	11	330	Tobias Reißmann	Zabelstein Runners		1976	M45	00:10:31	00:21:51	00:33:48	00:45:50
98	9	619	Klaus Söhnlein	Team Wieland		1964	M55	00:11:00	00:22:29	00:34:03	00:45:53
99	4	214	Pius Martin	TSV Windheim		1960	M60	00:10:57	00:22:43	00:34:36	00:45:59
100	20	129	Marc Schmitt	SV Waizendorf		1984	M35	00:11:14	00:22:49	00:34:24	00:46:02
101	9	338	Thomas Meister	MaliCrew e.V.		1971	M50	00:10:47	00:22:18	00:34:01	00:46:04
102	21	178	Christian Greimel	Dribbelige Wiesel		1978	M40	00:11:06	00:22:45	00:34:28	00:46:10
103	17	138	Viktor Konradi	SC Lichteneiche		1989	M30	00:10:17	00:22:02	00:34:10	00:46:22
104	12	124	Christian Braun	BSG Sparkasse Bamberg		1974	M45	00:10:16	00:22:19	00:34:12	00:46:23
105	13	89	Nils Nawrot	BMI unlimited		1973	M45	00:11:01	00:22:42	00:34:33	00:46:25
106	18	656	Florian Walter			1989	M30	00:10:42	00:22:26	00:34:29	00:46:26
107	21	75	Holger Mark			1984	M35	00:11:22	00:23:05	00:34:51	00:46:29
108	22	95	Benjamin Grimm			1987	M35	00:11:22	00:23:06	00:34:51	00:46:29
109	1	198	Siegfried Bayreuther	Team Icehouse e.V.		1949	M70	00:11:22	00:22:57	00:34:42	00:46:32
110	10	173	Rainer Kemmelmeier			1970	M50	00:11:08	00:23:03	00:35:02	00:46:37
111	19	81	Johannes Kalb	All eyes on Kira		1988	M30	00:11:02	00:22:57	00:34:52	00:46:43
112	20	193	Kevin Groß			1992	M30	00:11:07	00:22:41	00:34:46	00:46:46

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Platz	PlatzAK	StartNr	Name	Team / Verein / Firma	Nat.	JG	AK	2,5km	5km	7,5km	Zeit
113	10	123	Andreas Götz			1995	MU30	00:10:10	00:21:59	00:34:17	00:46:51
114	23	276	Fabian Biberger			1986	M35	00:11:22	00:23:27	00:35:17	00:46:53
115	11	54	Holger Stranz	SV Schottenstein		1971	M50	00:11:28	00:23:29	00:35:23	00:46:54
116	21	160	Wasili Syrianow			1992	M30	00:10:18	00:22:09	00:34:26	00:46:54
117	5	304	Volker Backert	TSV 1860 Staffelfstein		1962	M60	00:11:32	00:23:30	00:35:27	00:46:59
118	11	165	Markus Borsutzky	Die Zwei Lustigen Drei		1993	MU30	00:10:15	00:22:04	00:34:19	00:47:06
119	10	230	Andreas Kerber	Rennsteiglaufverein		1963	M55	00:11:08	00:23:04	00:35:11	00:47:07
120	6	55	Dieter Wolf	TV - Burgkunstdt		1958	M60	00:11:06	00:22:56	00:35:01	00:47:09
121	22	184	Michael Schabdach	Die wilden Fohlen		1980	M40	00:11:11	00:23:04	00:35:11	00:47:10
122	14	335	Bernd Deschauer	DJK Teutonia Gaustadt		1974	M45	00:10:28	00:22:27	00:35:00	00:47:21
123	23	194	Ha Thanh Mai	Wöhrder See Parkrun		1981	M40	00:11:14	00:23:14	00:35:22	00:47:26
124	24	284	Stefan Bosse	Commando Cannstatt		1984	M35	00:11:01	00:23:09	00:35:24	00:47:29
125	12	18	Leonhard Mai			1996	MU30	00:11:20	00:23:16	00:35:12	00:47:34
126	25	187	Mathias Schlenk	MaliCrew e.V.		1987	M35	00:11:51	00:24:03	00:36:12	00:47:38
127	1	223	Harald Fischer	FSV Großenseebach		1954	M65	00:11:05	00:23:16	00:35:32	00:47:40
128	2	298	Reinhard Sures	DJK SC Vorra		1951	M70	00:11:20	00:23:10	00:35:23	00:47:43
129	15	327	Konrad Niederschweiberer	Bischberg Wine Lovers		1974	M45	00:11:08	00:23:08	00:35:20	00:47:46
130	12	141	Peter Dotterweich	LG Bamberg		1969	M50	00:11:40	00:24:02	00:36:21	00:47:49
131	22	140	Kilian Geus			1989	M30	00:11:45	00:24:07	00:36:03	00:47:56
132	26	109	Volker Nitzsche	TV 1848 Coburg		1983	M35	00:11:50	00:24:06	00:36:03	00:47:57
133	13	280	Philipp Karr	JLG Coburg		1971	M50	00:11:13	00:23:23	00:35:48	00:48:02
134	11	162	Christian Hümmer	DAV Bamberg		1964	M55	00:11:39	00:23:59	00:36:23	00:48:11
135	12	641	Adam Ramer	Rupp & Hubrach		1964	M55	00:11:30	00:23:36	00:35:58	00:48:14
136	27	659	Karl-Martin Rettig	Lauftreff Baiersdorf		1984	M35	00:12:13	00:24:14	00:36:08	00:48:16
137	13	171	Michael Ahrens	MaliCrew e.V.		1967	M55	00:11:08	00:23:21	00:35:50	00:48:18
138	14	149	Michael Austgen	Kramp bewegt		1965	M55	00:10:35	00:22:20	00:35:02	00:48:23
139	28	52	Martin Göller	IfA Nonstop Bamberg		1983	M35	00:11:37	00:23:47	00:36:13	00:48:50
140	16	300	Victor Rui de Lima Ferreira	#ichlaufnurzumspass		1973	M45	00:12:31	00:25:02	00:37:30	00:48:53
141	29	41	Markus Förster			1987	M35	00:11:51	00:24:18	00:36:47	00:48:58
142	30	285	Cristian Farăcea			1987	M35	00:11:36	00:23:52	00:36:28	00:49:03
143	15	689	Christoph Klatt			1963	M55	00:12:06	00:24:36	00:37:01	00:49:04
144	23	292	Matthias Tutor			1989	M30	00:11:04	00:23:18	00:35:47	00:49:06
145	24	19	Lars Etzold			1980	M40	00:11:04	00:23:14	00:35:58	00:49:10
146	16	640	Marcus Appel	Radio Bamberg		1967	M55	00:12:45	00:25:16	00:37:38	00:49:11
147	13	71	Fabian Beck	Die Mugels		1994	MU30	00:11:38	00:23:45	00:36:31	00:49:12
148	14	247	Matthias Knoth	Run and Bike-Team Coburg		1970	M50	00:11:34	00:23:49	00:36:22	00:49:18
149	25	62	Tom During	Team Corona		1979	M40	00:13:00	00:25:18	00:37:24	00:49:35
150	14	617	David von Eisenhart-Rothe			1995	MU30	00:13:26	00:25:22	00:37:15	00:49:39

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Platz	PlatzAK	StartNr	Name	Team / Verein / Firma	Nat.	JG	AK	2,5km	5km	7,5km	Zeit
151	15	11	Thomas Müller			1969	M50	00:11:38	00:24:00	00:36:55	00:49:45
152	17	143	Martin Beyer	Hinter den Türen		1976	M45	00:12:03	00:24:36	00:37:22	00:49:48
153	15	319	Adrian Lacher	BePo		2001	MU30	00:11:33	00:24:17	00:37:35	00:49:52
154	24	157	Christian Schieber	bytabo GmbH		1989	M30	00:11:50	00:24:30	00:37:20	00:49:58
155	16	233	Elmar Vatter	SC Kemmern		1972	M50	00:12:28	00:25:01	00:37:46	00:50:05
156	2	697	Walter Grösch	Mauschelhofbezwinger		1955	M65	00:12:03	00:24:40	00:37:29	00:50:09
157	18	4	Thorsten Wunder			1975	M45	00:12:16	00:24:59	00:37:54	00:50:29
158	3	290	Günter Stumpf	TSV Scheßlitz		1957	M65	00:11:53	00:24:41	00:37:37	00:50:29
159	4	130	Klaus Rieder	DJK Teutonia Gaustadt		1956	M65	00:11:52	00:24:14	00:37:19	00:50:30
160	31	45	Sebastian Schmidt			1984	M35	00:12:35	00:25:21	00:38:01	00:50:34
161	5	49	Ludwig Hörndlein	TC Forchheim		1953	M65	00:12:01	00:24:49	00:37:47	00:50:38
162	17	94	Markus Jakob	TuT Pegnitz		1964	M55	00:12:30	00:25:19	00:38:13	00:51:05
163	7	291	Hubert Karl	TV Zeil		1958	M60	00:12:39	00:25:43	00:38:42	00:51:32
164	18	66	Hartmut Wagner	Freaky Friday Runners Bamberg		1964	M55	00:12:41	00:26:01	00:39:10	00:51:33
165	3	690	Michael Klatt			2004	MJU20	00:11:14	00:23:55	00:37:18	00:51:34
166	4	318	Elias Degen	BePo		2003	MJU20	00:11:33	00:24:19	00:37:54	00:51:42
167	32	626	Jochan Lechler			1983	M35	00:11:28	00:24:34	00:38:04	00:51:42
168	26	217	Martin Krapp	Power on bike		1978	M40	00:11:50	00:24:25	00:37:47	00:51:45
169	25	265	Tobias Heid	Böhllein Sports Bamberg		1992	M30	00:11:36	00:24:33	00:38:11	00:51:45
170	16	320	Jonas Schmoll	BePo		2002	MU30	00:11:33	00:24:18	00:37:54	00:51:48
171	19	642	Jürgen Ruder	Sparkasse Coburg-Lichtenfels		1974	M45	00:12:37	00:25:33	00:38:42	00:51:53
172	6	682	Werner Miletzke	TV 1848 Coburg		1953	M65	00:11:48	00:24:49	00:37:51	00:51:55
173	33	236	Johannes Großkopf	SpVgg Zeckern		1985	M35	00:12:18	00:25:24	00:38:43	00:51:58
174	34	195	Moritz Bergen	Berglinger		1984	M35	00:12:35	00:25:37	00:38:43	00:51:59
175	8	63	Alfred Simms	SSV Forchheim		1960	M60	00:13:10	00:26:29	00:39:33	00:52:12
176	19	213	Stefan Jungkunz	FC Baunach Running		1963	M55	00:12:30	00:25:21	00:38:38	00:52:16
177	26	116	Pascal Kübrich			1991	M30	00:11:53	00:25:02	00:38:40	00:52:18
178	17	216	Yannic Widulle			1993	MU30	00:12:56	00:26:22	00:39:33	00:52:23
179	27	196	Maik Steiner			1989	M30	00:11:02	00:24:03	00:38:26	00:52:28
180	18	676	Kevin Pergam			1993	MU30	00:12:28	00:25:18	00:38:41	00:52:32
181	27	57	Rainer Popp	Team Schnullerkettchen.de		1982	M40	00:12:21	00:25:28	00:39:01	00:52:33
182	28	113	Florian Reihs			1989	M30	00:12:35	00:25:24	00:39:14	00:52:38
183	20	250	Robert Zwilling	Run and Bike-Team Coburg		1963	M55	00:13:06	00:26:33	00:39:48	00:52:42
184	19	240	Jonas Eckstein	Run and Bike-Team Coburg		1998	MU30	00:13:42	00:26:54	00:40:02	00:52:57
185	20	241	Eric Maurer	Run and Bike-Team Coburg		1993	MU30	00:13:41	00:26:55	00:40:03	00:53:00
186	17	652	Alexander Strätz			1971	M50	00:12:41	00:26:22	00:39:56	00:53:03
187	35	105	Jan Rößler			1984	M35	00:12:21	00:25:50	00:39:37	00:53:06
188	20	76	Harry Brech	Männer mit beschränkter Haftung - MmbH		1973	M45	00:13:10	00:26:33	00:40:00	00:53:14

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Platz	PlatzAK	StartNr	Name	Team / Verein / Firma	Nat.	JG	AK	2,5km	5km	7,5km	Zeit
189	21	210	Julian Straßberger	Die Mugels		1994	MU30	00:12:37	00:25:50	00:39:38	00:53:26
190	22	177	Johannes Popp	HC 03 Bamberg		1995	MU30	00:12:49	00:25:46	00:39:17	00:53:29
191	9	32	Wolfgang Reissig	SC Kemmern		1959	M60	00:12:39	00:26:05	00:39:41	00:53:32
192	36	31	Daniel Neumeier	Martin-Luther-Gang		1985	M35	00:12:48	00:26:21	00:40:08	00:53:39
193	37	191	Martin Rädlinger	Berglinger		1983	M35	00:12:35	00:25:50	00:39:43	00:53:45
194	28	164	Frank Fleischmann	ASC Kronach-Frankenwald		1982	M40	00:12:38	00:26:00	00:39:38	00:53:52
195	23	148	Tim Jungbauer	Kramp bewegt		2002	MU30	00:09:58	00:23:49	00:38:34	00:53:54
196	38	37	Dominik Riedl			1985	M35	00:12:36	00:26:29	00:40:39	00:54:10
197	21	618	Norbert Stuber	SV Bamberg		1964	M55	00:13:57	00:27:55	00:41:41	00:54:11
198	29	79	Lukas Neidnig			1992	M30	00:12:54	00:26:19	00:40:10	00:54:15
199	24	305	Michael Degen			1994	MU30	00:13:30	00:27:21	00:41:14	00:54:29
200	30	203	Martin Gumbrecht	Team Wieland		1989	M30	00:13:43	00:27:23	00:41:12	00:54:35
201	25	44	Marcus Meisel			1993	MU30	00:12:05	00:25:24	00:39:36	00:54:41
202	3	226	Joseph Dotterweich	SV Bamberg		1951	M70	00:12:43	00:26:55	00:41:22	00:55:14
203	4	212	Herbert Albrecht	FC Baunach Running		1949	M70	00:13:14	00:27:05	00:41:08	00:55:20
204	10	100	Gerhard Wolfschmitt	SG 1866 Eltmann		1958	M60	00:13:33	00:27:31	00:41:39	00:55:23
205	39	3	Michael Müller			1983	M35	00:12:00	00:26:01	00:40:19	00:55:25
206	40	620	Thomas Huber	Laufftreff Baiersdorf		1984	M35	00:13:45	00:27:03	00:41:16	00:55:25
207	41	61	Christopher Losch	Team Corona		1984	M35	00:13:31	00:27:21	00:41:38	00:55:27
208	7	168	Ulrich Goll	DJK Don Bosco Bamberg		1957	M65	00:13:35	00:27:31	00:41:39	00:55:27
209	22	60	Lutz Bock	Team Corona		1967	M55	00:12:13	00:24:14	00:36:08	00:55:28
210	18	660	Thomas Brückner	Dribbelige Wiesel		1968	M50	00:13:00	00:27:06	00:41:21	00:55:31
211	29	97	Serge Feser			1982	M40	00:13:50	00:27:48	00:41:42	00:55:33
212	42	669	Jonas Wisokoljan			1986	M35	00:12:56	00:26:50	00:41:20	00:55:43
213	1	306	Kaspar Stappenbacher	DJK SC Vorra		1944	M75	00:12:58	00:27:03	00:41:22	00:55:49
214	26	662	Johannes Amschel			1998	MU30	00:13:45	00:28:45	00:43:02	00:56:07
215	19	43	Andreas Kästner	Rösler Team		1969	M50	00:13:58	00:27:56	00:42:05	00:56:31
216	43	232	Karl Gümpel			1985	M35	00:12:42	00:26:47	00:42:03	00:56:53
217	21	24	Klaus Söllner	DJK Teutonia Gaustadt		1973	M45	00:13:33	00:27:41	00:42:12	00:56:55
218	31	147	Marcel Ströhlein	Kramp bewegt		1990	M30	00:12:59	00:27:40	00:42:33	00:56:59
219	23	259	Ernst Räder	Böhrlein Sports Bamberg		1965	M55	00:13:58	00:27:56	00:42:09	00:57:05
220	30	83	Andreas Hanke	Team Erdinger Alkoholfrei		1981	M40	00:13:38	00:27:48	00:42:47	00:57:06
221	5	288	Bernhard Adelhardt	TSV Scheßlitz		1949	M70	00:13:37	00:28:06	00:42:46	00:57:29
222	24	228	Hanspeter Hebeis	DJK Don Bosco Bamberg		1963	M55	00:14:15	00:28:32	00:43:00	00:57:42
223	20	125	Heiko Grasser	Run Boy Run		1972	M50	00:14:07	00:28:45	00:43:23	00:57:48
224	32	70	Thomas Waidner	Feuerwehr Bamberg		1988	M30	00:14:21	00:29:16	00:44:19	00:58:20
225	31	84	Oliver Bäuerlein	RSM GmbH		1979	M40	00:13:21	00:27:25	00:42:22	00:58:42
226	32	82	Andre Lutomsky	Männer mit beschränkter Haftung - MmbH		1978	M40	00:13:39	00:27:47	00:42:47	00:58:45

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Platz	PlatzAK	StartNr	Name	Team / Verein / Firma	Nat.	JG	AK	2,5km	5km	7,5km	Zeit
227	27	308	Raoul Ancora			1995	MU30	00:14:40	00:29:54	00:44:52	00:58:48
228	11	51	Andreas Scheiner	LTV Kiel-Ost		1958	M60	00:14:21	00:29:20	00:44:21	00:58:51
229	28	132	Lukas Horica	Ein Herz für Hunde		1995	MU30	00:14:30	00:29:15	00:44:13	00:59:12
230	29	74	Daniel Kraus	Die Muggels		1995	MU30	00:13:00	00:27:25	00:42:47	00:59:18
231	44	136	Benedikt Feuerstake			1985	M35	00:13:47	00:28:25	00:43:37	00:59:19
232	12	323	Thomas Wieser	Kramp bewegt		1962	M60	00:10:49	00:26:06	00:42:23	01:00:33
233	21	144	Marcus Petermann	Kramp bewegt		1970	M50	00:14:13	00:30:01	00:45:35	01:00:46
234	6	192	Lothar Greiner	DJK/TSV Rödental		1952	M70	00:13:58	00:29:01	00:44:47	01:00:53
235	33	243	Eugen Gretz	Run and Bike-Team Coburg		1978	M40	00:14:42	00:30:00	00:45:41	01:01:11
236	1	179	Berthold Wolf	TS Lichtenfels		1942	M80	00:14:43	00:30:15	00:45:49	01:01:21
237	34	27	Felix Jansen			1982	M40	00:15:05	00:30:39	00:46:16	01:01:34
238	35	98	Florian Ramer			1982	M40	00:15:26	00:31:35	00:48:41	01:04:59
239	13	299	Stefan Schuberth			1960	M60	00:14:42	00:30:35	00:47:30	01:05:08
240	22	163	Carl Michael Niemeyer			1976	M45	00:15:42	00:32:00	00:48:56	01:05:13
241	33	261	Robert Aschenbrenner	Böhnlein Sports Bamberg		1988	M30	00:14:41	00:31:01	00:48:10	01:05:45
242	25	658	Wolfgang Desel			1966	M55	00:14:41	00:31:01	00:48:09	01:05:50
243	22	77	Frank Schell	Hella und Papa rocken die 10 KM		1971	M50	00:16:09	00:33:15	00:50:25	01:06:23
244	26	277	Michael Kroll	Sportstudio Highlight Lichtenfels		1963	M55	00:13:56	00:30:49	00:48:43	01:07:17
245	45	625	Christian Lutz			1985	M35	00:16:00	00:33:07	00:50:49	01:08:06
246	23	7	Wolfram Stiasny			1969	M50	00:15:26	00:32:47	00:50:37	01:08:10
247	14	282	Alois Hermann Nusko	AST Süßen		1960	M60	00:16:50	00:34:00	00:51:13	01:08:11