10. Post SV Frühjahrslauf 2019

Autohaus Fröhlich Halbmarathon - 27.04.2019 - Nürnberg



Platz	PlatzAK	StartNr	Name	Team / Verein / Firma	Nat.	JG	AK	Runde1	Runde2	Runde3	Zeit
1	1	322	Astrid Werner			1985	W30	00:22:02	00:41:59	01:02:17	01:24:01
2	1	317	Silke Brunner			1979	W40	00:27:10	00:53:09	01:18:42	01:46:25
3	1	283	Lisa Gabler			1994	WU30	00:27:46	00:54:35	01:21:48	01:50:22
4	1	318	Lorna Werlein			1970	W45	00:28:51	00:56:06	01:23:47	01:55:43
5	1	303	Monika Hey			1965	W50	00:28:15	00:56:33	01:25:54	01:57:09
6	2	287	Laura Pecht			1999	WU30	00:28:47	00:55:35	01:26:07	01:57:28
7	1	275	Manuela Herrmann			1981	W35	00:29:30	00:58:03	01:27:19	01:58:46
8	2	305	Birgit Kurth	MaliCrew e.V.		1975	W40	00:29:15	00:57:58	01:27:42	02:00:05
9	2	266	Christina Wilke			1967	W50	00:31:25	01:00:10	01:29:53	02:01:32
10	3	297	Jennifer Lulei			1995	WU30	00:34:21	01:05:03	01:34:48	02:04:47
11	3	535	Christina Zitzmann			1975	W40	00:33:48	01:04:00	01:34:26	02:06:27
12	2	281	Mona Fausel			1988	W30	00:33:05	01:04:08	01:35:53	02:07:19
13	2	268	Daniela Geißler			1970	W45	00:31:33	01:01:55	01:34:09	02:10:29
1	1	578	Jonas Endres	Team 26 e.V. Roth		1992	MU30	00:19:33	00:37:48	00:56:02	01:15:16
2	1	311	Florian Frauenknecht			1985	M30	00:20:50	00:40:22	00:59:35	01:20:34
3	1	276	Martin Ertz			1968	M50	00:22:14	00:43:12	01:04:05	01:25:52
4	1	308	Richard Sadowski			1984	M35	00:22:05	00:43:13	01:04:08	01:26:18
5	1	321	Anton Pfaller			2000	MJU20	00:21:59	00:42:13	01:03:46	01:26:27
6	1	307	Björn Zimmermann-von Holtz			1978	M40	00:21:19	00:42:12	01:03:53	01:27:12
7	2	552	Jens Hanel			1979	M40	00:23:02	00:44:50	01:06:26	01:28:38
8	2	596	Frank Bär	TV 1881 Altdorf		1985	M30	00:22:34	00:43:46	01:05:53	01:28:46
9	2	563	Josef Kleemann	SV Striegel Lunz		1968	M50	00:22:33	00:43:44	01:05:50	01:28:48
10	3	319	Rene Höller			1985	M30	00:22:18	00:43:44	01:05:55	01:29:37
11	2	286	Christian Richter			1982	M35	00:23:51	00:45:12	01:07:16	01:30:00
12	3	588	Philipp Nechwatal	Laufer Mühle		1982	M35	00:23:43	00:45:52	01:08:11	01:31:24
13	1	323	Dietmar Brandl			1973	M45	00:23:24	00:45:28	01:07:36	01:31:31
14	4	562	Konrad Pfätze			1988	M30	00:21:59	00:44:30	01:07:10	01:32:05
15	1	301	Thomas Hänel			1964	M55	00:23:09	00:45:31	01:08:34	01:32:57
16	2	292	Johannes Rapsch			1994	MU30	00:24:08	00:46:45	01:09:21	01:33:09
17	3	293	Stefan Zink			1995	MU30	00:24:08	00:46:45	01:09:21	01:33:09
18	2	326	Dennis Wiegand			1963	M55	00:24:23	00:47:07	01:10:13	01:34:01
19	5	330	Stephan Gutknecht			1989	M30	00:23:36	00:46:42	01:09:58	01:34:10
20	6	230	Johannes Hörmann	Caritasverband Nürnberg		1987	M30	00:25:24	00:48:17	01:11:07	01:34:14
21	3	573	Götz Hohaus	Team Adidas		1967	M50	00:23:38	00:46:41	01:10:17	01:35:07
22	4	291	Aleksandr Parkhomovskiy			1981	M35	00:23:50	00:46:59	01:10:31	01:35:39
23	4	273	Erik Helmer			1990	MU30	00:25:17	00:48:33	01:11:57	01:35:50
24	3	278	Alexander Stange			1977	M40	00:25:17	00:48:32	01:11:58	01:36:08
25	7	327	Dominik Landmann			1987	M30	00:24:37	00:47:57	01:11:34	01:36:41

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Platz	PlatzAK	StartNr	Name	Team / Verein / Firma	Nat.	JG	AK	Runde1	Runde2	Runde3	Zeit
26	4	279	Leon Terentiv			1978	M40	00:22:58	00:45:12	01:09:16	01:37:31
27	5	324	Alexander Pohl			1978	M40	00:24:23	00:48:06	01:12:29	01:38:00
28	6	229	Martin Preisner	Caritasverband Nürnberg		1978	M40	00:26:30	00:50:32	01:14:44	01:39:05
29	7	295	Chikishev Denis			1976	M40	00:26:33	00:50:34	01:14:46	01:39:07
30	8	201	Frank Mages	VR Bank Nürnberg		1985	M30	00:26:15	00:50:26	01:14:45	01:39:16
31	5	298	Christian Nowak			1984	M35	00:25:38	00:49:59	01:15:00	01:42:22
32	1	597	Karl Hartnagel			2002	MJU18	00:24:14	00:48:31	01:14:18	01:44:19
33	5	288	Johannes Neudert			1998	MU30	00:28:17	00:54:28	01:20:18	01:45:26
34	9	580	Manuel Höller	TSV Stein		1988	M30	00:27:12	00:53:12	01:19:14	01:46:35
35	4	272	Kraus Rainer			1968	M50	00:28:15	00:54:27	01:20:20	01:47:03
36	2	304	David Hereth			2001	MJU20	00:29:13	00:55:13	01:21:35	01:47:40
37	3	290	Thomas Neudert			1962	M55	00:28:17	00:54:31	01:20:25	01:47:55
38	8	325	Rene Chemnitzer			1977	M40	00:26:42	00:52:41	01:19:34	01:48:35
39	4	265	Dirk Wilke			1960	M55	00:27:13	00:53:55	01:20:39	01:49:07
40	2	312	André Deger			1974	M45	00:28:17	00:54:56	01:21:21	01:49:14
41	6	553	Tim Schiedeck			1996	MU30	00:26:48	00:52:27	01:20:06	01:50:06
42	3	302	Norbert Scheuering			1970	M45	00:26:44	00:52:50	01:20:00	01:50:28
43	5	310	Jan-Hinrich Lorenz			1969	M50	00:28:24	00:55:02	01:22:06	01:50:29
44	6	320	Oliver Brüggen			1967	M50	00:28:11	00:54:23	01:20:35	01:50:46
45	6	299	Michael Tremeaux			1982	M35	00:28:30	00:55:45	01:23:21	01:51:05
46	7	280	Lukas Müller			1994	MU30	00:30:20	00:57:41	01:23:50	01:53:17
47	1	261	Horst Fürsattel			1958	M60	00:27:51	00:55:32	01:23:36	01:53:30
48	4	296	Alexander Stoll			1970	M45	00:28:48	00:55:46	01:23:24	01:54:52
49	5	289	Arnd Schilling			1970	M45	00:28:44	00:56:35	01:25:32	01:55:08
50	7	269	Andreas Gnus			1969	M50	00:29:47	00:57:37	01:25:36	01:56:01
51	8	262	Rene Kullig			1992	MU30	00:30:47	00:58:15	01:26:27	01:57:31
52	6	316	Stefan Kern			1970	M45	00:28:30	00:57:46	01:26:25	01:57:31
53	10	264	Patrick Wolf			1989	M30	00:28:14	00:57:25	01:26:46	01:57:38
54	2	314	Valentino Küspert			2003	MJU18	00:29:44	00:58:09	01:26:34	01:57:39
55	7	226	Cornelius Bilz	Schultheiss Wohnbau		1980	M35	00:27:43	00:55:45	01:24:48	01:58:05
56	8	328	Peter Fröhlich			1967	M50	00:32:06	01:01:06	01:29:47	01:58:58
57	9	329	Bill Meyerhofer			1968	M50	00:32:06	01:01:07	01:29:48	01:58:58
58	7	564	Dubracko Jelusic			1971	M45	00:29:00	00:58:00	01:29:52	01:58:59
59	9	284	Daniel Linhardt			1991	MU30	00:30:16	00:59:10	01:27:54	01:59:07
60	2	294	thomas gawehns			1959	M60	00:28:19	00:55:49	01:25:49	01:59:38
61	1	537	Walter Kübler	SV Cronheim		1950	M65	00:30:21	00:59:19	01:29:24	02:01:33
62	3	554	Günther Donnath	Post SV		1957	M60	00:31:33	01:01:28	01:31:26	02:03:39
63	8	267	Thomas Wagner			1971	M45	00:31:34	01:01:55	01:34:10	02:10:29

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64	4	282	Stefan Fausel			1958	M60	00:33:06	01:04:09	01:35:55	02:13:01

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