

Post SV Frühjahrslauf 2017

5km Schultheiss Lauf - 11.03.2017 - Nürnberg



Platz	PlatzAK	StartNr	Name	Team / Verein / Firma	Nat.	JG	AK	Runde1	Runde2	Runde3	Zeit
1	1	320	Rebecca Schmauch			1990	WU30	00:15:01	00:17:21	00:19:40	00:21:21
2	1	273	Emma Eckardt			2004	WJU14	00:15:10	00:17:40	00:20:08	00:21:48
3	1	270	Lilli Eberlein			2001	WJU18	00:15:19	00:17:45	00:20:10	00:21:59
4	2	329	Tanja Wunder			1989	WU30	00:16:06	00:18:34	00:21:07	00:22:58
5	1	289	Alexandra Kandert			1976	W40	00:16:42	00:19:09	00:20:51	00:23:25
6	2	287	Svenja Jonkman			2000	WJU18	00:16:23	00:19:00	00:20:54	00:23:31
7	1	285	Rebecca Heidingsfelder	KISS		1987	W30	00:16:56	00:19:29	00:21:59	00:23:39
8	2	305	Bianca Nagler			1984	W30	00:17:27	00:20:13	00:23:01	00:24:57
9	1	315	Simone Schaefer	Team Erdinger Alkoholfrei/mein-schmerz.de		1982	W35	00:17:58	00:20:44	00:23:37	00:25:35
10	1	297	Sigrid Kraft			1965	W50	00:17:59	00:20:52	00:23:46	00:25:48
11	2	278	Lydia Gaß			1975	W40	00:18:27	00:21:20	00:24:17	00:26:24
12	3	635	Silvia Hacker	TSV Katzwang 05		1986	W30	00:18:38	00:21:30	00:24:24	00:26:35
13	2	608	Carla Lutz	Post SV		2005	WJU14	00:18:34	00:21:41	00:24:39	00:26:36
14	3	318	Katrin Schelter			1974	W40	00:19:28	00:22:31	00:25:29	00:27:47
15	1	313	Doris Rubein			1970	W45	00:19:30	00:22:32	00:25:40	00:27:56
16	2	272	Martina Eckardt			1972	W45	00:19:47	00:22:49	00:25:52	00:28:00
17	4	304	Jasmin Müller			1983	W30	00:19:55	00:22:55	00:25:54	00:28:02
18	2	637	Claudia Wolf			1965	W50	00:19:26	00:22:16	00:25:59	00:28:07
19	3	263	Verena Brunnhübner			1992	WU30	00:19:59	00:23:04	00:26:13	00:28:32
20	2	308	Sabine Pilhofer			1980	W35	00:19:58	00:23:03	00:25:27	00:28:37
21	3	262	Melina Bruchner			1982	W35	00:20:11	00:23:12	00:26:17	00:28:38
22	3	319	Hannah Schill			2000	WJU18	00:20:34	00:23:51	00:26:15	00:29:43
23	3	266	Doris Collmer	Wettkampfschwimmer!		1970	W45	00:21:40	00:24:54	00:28:05	00:30:24
24	4	259	Franziska Berthold			2001	WJU18	00:21:49	00:25:07	00:28:23	00:30:33
25	4	314	Andrea Rupprecht	Caritasverband Nürnberg e. V.		1988	WU30	00:21:56	00:25:33	00:29:00	00:31:31
26	4	288	Margarethe Kalinke	Caritasverband Nürnberg e. V.		1975	W40	00:21:57	00:25:33	00:29:00	00:31:32
27	4	312	Bettina Roth	Caritasverband Nürnberg e. V.		1981	W35	00:21:57	00:25:33	00:29:01	00:31:32
28	5	260	Katja Beyer	Caritasverband Nürnberg e. V.		1989	WU30	00:21:58	00:25:25	00:29:07	00:31:44
29	6	322	Sara Schnabel			1989	WU30	00:21:57	00:25:25	00:29:08	00:31:44
30	5	301	Katrin Leipold-Büttner			1978	W35	00:22:20	00:25:47	00:29:13	00:31:49
31	3	274	Karin Edelmann			1965	W50	00:22:16	00:25:53	00:29:26	00:32:08
32	5	267	Michaela Decker-Weiler			1985	W30	00:23:23	00:26:54	00:30:27	00:32:52
33	6	302	Silke Meggendorfer			1986	W30	00:23:30	00:27:05	00:30:42	00:33:17
34	7	311	Sarah Rippon			1985	W30	00:23:30	00:27:05	00:30:42	00:33:17
35	5	328	Birgit Wegner			1977	W40	00:23:58	00:27:35	00:31:05	00:33:37
36	4	631	Birgit Gerwien			1971	W45	00:23:31	00:27:25	00:31:15	00:34:04
37	6	291	Monika Kiss			1982	W35	00:24:18	00:28:05	00:31:48	00:34:28
38	7	276	Jessica Fritsch			1990	WU30	00:24:36	00:28:21	00:32:11	00:34:55

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39	8	292	Diane Kissou	Caritasverband Nürnberg e. V.		1989	WU30	00:24:35	00:28:37	00:32:28	00:35:12
40	7	261	Kristin Braun-Klímpel			1978	W35	00:24:45	00:28:43	00:32:38	00:35:18
41	9	303	Shubhra Mohanti			1989	WU30	00:27:48	00:32:06	00:37:15	00:41:13
1	1	650	Felix Mayerhöfer	DJK Dasswang		1981	M35	00:10:55	00:12:44	00:14:35	00:16:02
2	1	585	Tobias Heining	TSV Altenfurth		1988	MU30	00:11:25	00:13:24	00:15:25	00:17:05
3	2	284	Julian Hegel			1996	MU30	00:11:52	00:13:49	00:15:47	00:17:11
4	1	647	Nicki Kohl			1969	M45	00:12:05	00:14:00	00:15:55	00:17:16
5	3	618	Richard Kröner	LAC Quelle Fürth		1996	MU30	00:11:59	00:13:56	00:15:56	00:17:19
6	4	619	Ricardo Schirrmeister	Post SV		1993	MU30	00:12:46	00:14:49	00:16:53	00:18:11
7	2	283	Jens Hanel			1979	M35	00:12:47	00:14:50	00:16:53	00:18:16
8	5	642	Niklas Wulf			1995	MU30	00:12:44	00:14:48	00:16:51	00:18:18
9	1	649	Armin Bauer	Twin Neumarkt		1987	M30	00:12:50	00:14:58	00:17:05	00:18:35
10	2	290	Zacharias Kiriak			1972	M45	00:13:15	00:15:24	00:17:33	00:19:01
11	1	645	Marco Wilsch	TKN		1974	M40	00:13:27	00:15:38	00:17:49	00:19:25
12	2	265	Cyril Colin			1973	M40	00:14:14	00:16:27	00:18:40	00:20:09
13	3	620	Matthias Berger	Post SV		1982	M35	00:14:10	00:16:25	00:18:39	00:20:12
14	1	271	Tom Eckardt			2007	MKU12	00:14:15	00:16:26	00:18:41	00:20:14
15	1	296	Gerald Kraft			1964	M50	00:14:10	00:16:23	00:18:37	00:20:15
16	1	282	Jonas Guttenberger			2001	MJU18	00:14:10	00:16:26	00:18:40	00:20:17
17	2	624	Niklas Blöching	Tri-Team Frankenalb		2000	MJU18	00:14:08	00:16:26	00:18:42	00:20:25
18	2	610	Richard Sadowski			1984	M30	00:14:39	00:16:50	00:19:05	00:20:46
19	1	641	Luis Neumeier	Post SV		2002	MJU16	00:15:23	00:17:55	00:20:31	00:22:15
20	6	323	Richard Schram			1996	MU30	00:16:07	00:18:38	00:21:09	00:22:57
21	7	258	Markus Andreä	Caritasverband Nürnberg e. V.		1990	MU30	00:16:51	00:19:13	00:21:34	00:23:16
22	3	300	Jürgen Langhans			1970	M45	00:16:20	00:18:59	00:21:38	00:23:38
23	2	280	Zacharias Günther			2007	MKU12	00:17:17	00:19:56	00:22:42	00:24:36
24	2	633	Gerhard Guttenberger			1963	M50	00:17:36	00:20:16	00:22:56	00:24:46
25	3	626	Felix Kießling			2007	MKU12	00:17:39	00:20:20	00:23:02	00:24:58
26	3	326	Wolfgang Schweigert			1973	M40	00:17:57	00:20:44	00:23:37	00:25:35
27	4	646	Stefan Müller			1981	M35	00:18:11	00:20:57	00:23:59	00:26:10
28	1	644	Jan Lexmann			1960	M55	00:18:33	00:21:29	00:24:24	00:26:24
29	5	321	Armin Dieter Schmidt			1979	M35	00:19:32	00:22:20	00:25:18	00:27:24
30	8	268	Ashish Dewan			1989	MU30	00:18:55	00:22:01	00:25:29	00:27:40
31	3	277	Tobias Fuhrmann			2000	MJU18	00:14:57	00:17:15	00:19:42	00:29:10
32	9	309	Sebastian Preis			1988	MU30	00:20:06	00:23:29	00:26:54	00:29:16
33	4	299	Volker Lang			1972	M45	00:19:38	00:23:11	00:26:47	00:29:27
34	10	306	Daniel Odorfer			1997	MU30	00:20:32	00:23:44	00:26:12	00:29:35
35	2	324	Bernd Schubert			1958	M55	00:20:50	00:24:03	00:27:16	00:29:37

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36	5	607	Christian Lutz	Post SV		1970	M45	00:22:28	00:26:06	00:29:48	00:32:23
37	11	327	Alexander Urbasik			1991	MU30	00:22:49	00:26:28	00:30:07	00:32:52
38	12	269	Abhay Dixit			1989	MU30	00:24:18	00:27:53	00:31:48	00:34:30
39	3	293	Peter Klebes			1960	M55	00:22:42	00:25:54	00:27:59	00:34:47
40	3	648	Jürgen Binhammer	LAUFEN-FÜR-ERIKA		1967	M50	00:25:06	00:29:06	00:33:08	00:36:02
41	1	613	André Szonn			1954	M60	00:28:51	00:33:37	00:37:21	00:41:09