

# Winterlaufserie Nürnberg 2015/16

10km - Lauf - 14.11.2015 - Nürnberg



Platz	PlatzAK	StartNr	Name	Team / Verein / Firma	Nat.	JG	AK	5km	Zeit
1	1	14	Inge Beringer	LSG Edelsfelds		1973	W40	00:19:00	00:38:51
2	1	66	Lena Gottwald	TSV Zirndorf		1996	WJU20	00:19:30	00:39:58
3	1	90	Susanne Hoffmeister	SV Bayreuth		1989	WU30	00:20:09	00:41:07
4	1	43	Rena Eberlein	Post SV Nürnberg		1965	W50	00:20:11	00:41:17
5	2	17	Silke Bittel	LAC Qulle Fürth		1975	W40	00:20:53	00:41:59
6	1	227	Caro Seitz	Running Company		1981	W30	00:21:15	00:42:40
7	2	48	Viktoria Enger	SV Weiherhof		1982	W30	00:21:06	00:42:55
8	1	70	Susanne Griepentrog	SV Bayreuth		1978	W35	00:21:06	00:43:14
9	1	52	Sabine Frisch	La Carrera TriTeam Rothsee		1968	W45	00:21:48	00:43:58
10	2	35	Birgit Diez			1968	W45	00:21:45	00:44:35
11	3	238	Nicole Van der Werh	RUNTERRA		1974	W40	00:22:18	00:44:36
12	2	265	Renate Roger	Laufteam Fürth 2010		1965	W50	00:22:24	00:45:04
13	2	205	Yvonne Scheid	Post SV		1989	WU30	00:22:20	00:45:07
14	3	129	Stefanie Lenk			1990	WU30	00:22:15	00:45:33
15	4	208	Cathrina Schmalfuß	Team Klinikum Nürnberg		1989	WU30	00:23:14	00:45:46
16	2	12	Christine Beck	Laufen gegen Leiden e.V		1980	W35	00:23:05	00:46:20
17	5	267	Jelena Röhr	La Carrera TriTeam Rothsee		1991	WU30	00:23:05	00:47:00
18	3	247	Martina Wershofer	ASV Niederndorf		1968	W45	00:22:59	00:47:13
19	6	16	Lisa Beyer			1990	WU30	00:24:20	00:47:41
20	3	44	Heide Ebert	Team Klinikum Nürnberg		1965	W50	00:23:48	00:47:55
21	7	77	Henrike Heiser			1993	WU30	00:24:20	00:48:49
22	8	25	Melanie Borgwardt			1989	WU30	00:23:58	00:48:57
23	4	38	Crista Ditterrich	PowerBärs Rednitzhembach		1964	W50	00:24:24	00:49:11
24	9	135	Carmen Luber			1987	WU30	00:25:02	00:50:21
25	4	112	Ruth Keller	VFL Triteam Nürnberg		1966	W45	00:24:58	00:50:26
26	3	144	Kathrin Maul	MTP Hersbruck		1982	W30	00:25:17	00:50:26
27	3	199	Jessica Rupprecht	Team Klinikum Nürnberg		1976	W35	00:24:56	00:50:37
28	1	111	Hildegard Kaufmann-Bader			1958	W55	00:25:29	00:50:50
29	10	6	Clara-Maria Bader	Post SV Nürnberg		1995	WU30	00:23:09	00:50:50
30	11	124	Marie-Christine Laible			1986	WU30	00:24:56	00:50:57
31	4	282	Martina Hermann			1977	W35	00:25:16	00:51:06
32	4	104	Elisabeth Käb			1982	W30	00:25:39	00:51:09
33	12	268	Maria Chiara Demagjstris			1991	WU30	00:25:22	00:51:24
34	5	255	Gabriele Zips			1980	W35	00:25:14	00:51:30
35	1	259	Brigitte Bäuml	TV Geiselhöring		1944	W70	00:25:29	00:51:32
36	13	13	Caroline Becker	exito Gipfelstürmer		1986	WU30	00:25:09	00:51:33
37	6	103	Sara Jovanovic			1979	W35	00:25:47	00:51:40
38	5	216	Kathrin Schönefeld			1969	W45	00:25:32	00:51:51

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39	14	132	Ana Lesnik	exito Gipfelstürmer		1988	WU30	00:26:02	00:52:17
40	15	150	Mona Merz	SV Bayreuth		1987	WU30	00:25:45	00:52:31
41	16	207	Sophia Schloer			1991	WU30	00:25:53	00:52:42
42	5	58	Ulrike Geiger	TC Großründlach		1964	W50	00:26:15	00:52:58
43	4	69	Angela Grassinger			1974	W40	00:26:24	00:54:14
44	7	209	Marion Schmid			1979	W35	00:27:38	00:54:44
45	17	174	Nadine Prade	PostSV		1986	WU30	00:28:47	00:54:46
46	18	143	Claire-Sophie Martel	exito Gipfelstürmer		1994	WU30	00:28:11	00:55:33
47	6	240	Monika Völkel			1966	W45	00:27:46	00:55:53
48	8	191	Silvia Roose	Radlexpress Feucht		1979	W35	00:27:29	00:56:24
49	19	243	Alina Weber			1995	WU30	00:27:47	00:56:29
50	20	197	Thays Runge			1991	WU30	00:28:25	00:57:25
51	21	92	Lara Hohenhaus			1994	WU30	00:29:54	00:58:34
52	6	281	Barbara Mulzer			1965	W50	00:29:21	00:58:54
53	22	196	Tabea Leißner			1994	WU30	00:29:20	00:59:30
54	23	10	Eva Bauer	SV Moosbach		1991	WU30	00:29:05	01:00:13
55	24	138	Julia Maderer			1986	WU30	00:30:35	01:01:19
56	5	3	Isabel Amm			1983	W30	00:30:32	01:01:19
57	6	177	Mareike Reichel			1981	W30	00:30:32	01:01:19
58	7	181	Gitta Reiß			1964	W50	00:31:02	01:03:02
59	5	102	Melanie Jones			1975	W40	00:31:29	01:04:52
1	1	182	Felix Mayerhöfer	DJK Dasswang		1981	M30	00:15:39	00:31:55
2	1	86	Tim Hermann			1974	M40	00:17:17	00:34:18
3	1	270	Felix Lerner	LG Erlangen		1990	MU30	00:17:09	00:34:53
4	2	89	Torben Hoffmeister	SV Bayreuth Triathlon		1988	MU30	00:17:20	00:35:03
5	3	152	Jan Möllers	TV48 Erlangen		1986	MU30	00:17:42	00:35:17
6	1	188	Roland Rigotti	TSG 08 Roth		1976	M35	00:17:43	00:35:45
7	2	126	Oliver Lang	DAV Röthenbach		1980	M35	00:17:47	00:35:57
8	2	121	Michael Kratzer	SLDRNG		1985	M30	00:17:33	00:36:23
9	3	233	Simon Sudler	Laufen gegen Leiden e.V		1978	M35	00:18:17	00:36:50
10	3	237	Christian Url	DAV Deggendorf		1983	M30	00:18:27	00:36:58
11	4	74	Jens Hanel			1979	M35	00:18:30	00:37:13
12	4	218	Cristian Schrödel	Post SV Nürnberg		1988	MU30	00:18:26	00:37:21
13	5	257	Niklas Wulf	Team Erdinger Alkohlfrei		1995	MU30	00:18:22	00:37:40
14	4	223	Martin Schuster	Team ARNDT e.V.		1982	M30	00:18:37	00:37:54
15	5	231	Peter Stengel			1983	M30	00:18:50	00:37:57
16	2	57	Ole B. Gehrmann	TSV Altenfurt		1973	M40	00:19:01	00:38:20
17	3	184	Michael Riechel	La Carrera TriTeam Rothsee		1972	M40	00:19:01	00:38:24

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18	6	239	Bart Van Soest	exito Gipfelstürmer		1986	MU30	00:19:07	00:38:29
19	4	94	Ralf Hopf	DAV Röttenbach		1975	M40	00:18:55	00:38:47
20	7	19	Peter Blandl	Team Goku		1987	MU30	00:19:36	00:39:00
21	5	140	Roman Mally			1971	M40	00:19:37	00:39:04
22	1	195	Jan Runau	La Carrera Triteam Rorthsee		1966	M45	00:19:12	00:39:09
23	1	71	Johann Haas			1957	M55	00:19:37	00:39:12
24	2	254	Frank Zimmermann	La Carrera TriTeam Rothsee		1969	M45	00:19:32	00:39:19
25	6	213	Michael Schmidt	Öl-Hasen-Verein		1974	M40	00:19:31	00:39:39
26	6	107	Markus Kamazin			1985	M30	00:19:48	00:39:49
27	7	41	Dennis Dreßler			1981	M30	00:19:47	00:40:14
28	1	166	Klaus Petschar	DAV Röttenbach		1965	M50	00:20:02	00:40:35
29	8	168	Andreas Petschelt	danube private university		1987	MU30	00:20:26	00:40:43
30	3	116	Manfred Knobloch	TSV Gerogensgmünd		1968	M45	00:20:27	00:40:44
31	9	194	Phillip Rotter	MTP Hersbruck		1987	MU30	00:20:14	00:40:46
32	5	99	Jörg Ixmeier			1979	M35	00:20:03	00:40:48
33	4	117	Lutz König			1970	M45	00:20:40	00:40:59
34	8	128	Timm Leier	Team ARNDT e.V		1981	M30	00:20:08	00:41:09
35	10	136	Maro Luber			1989	MU30	00:20:26	00:41:11
36	11	202	Niklas Schamberger	Team Goku		1989	MU30	00:20:54	00:41:16
37	7	162	Peter Pappberger	Post SV Nürnberg		1975	M40	00:20:51	00:41:34
38	2	283	Frank Huber	LG Hofstetten		1965	M50	00:20:37	00:41:43
39	12	50	Robin Fließbach			1993	MU30	00:19:58	00:41:52
40	8	264	Michael Wilpert			1972	M40	00:21:03	00:41:53
41	13	252	Steffen Witt	Nürnberger		1989	MU30	00:20:38	00:41:55
42	3	273	Yiyit Cermit			1963	M50	00:20:51	00:41:59
43	9	96	Horst Hübel	RUNTERRA		1972	M40	00:20:50	00:42:03
44	4	179	Udo Reinfelder	Team Klinikum Nürnberg		1961	M50	00:21:05	00:42:16
45	14	236	Max Tykvart	SF Großgründlach		1987	MU30	00:21:27	00:42:26
46	6	262	Joachim Morbach			1980	M35	00:21:14	00:42:30
47	15	275	Peter Harkenberg			1987	MU30	00:21:49	00:42:30
48	5	211	Helmut Schmidt	Post SV Nürnberg		1969	M45	00:21:14	00:42:34
49	7	260	Radek Rucinski			1979	M35	00:20:26	00:42:39
50	6	137	Volker Maag	Skiclub Roßtal		1968	M45	00:21:46	00:42:47
51	16	122	Marcel Krebs	Team Klinikum Nürnberg		1989	MU30	00:21:44	00:42:48
52	8	20	Bastian Blank			1980	M35	00:21:44	00:42:54
53	5	214	Klaus Schmiedel			1962	M50	00:21:21	00:42:57
54	10	206	Oliver Schips	TC Großgründlach		1971	M40	00:21:14	00:42:58
55	9	277	Sascha Dowidat	Noris Road Runners		1976	M35	00:21:10	00:43:00

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56	9	100	Sebastian Janeck			1982	M30	00:21:16	00:43:03
57	2	7	Heinz-Werner Bader	Post-SV Triathlon Nürnberg		1959	M55	00:21:14	00:43:06
58	11	64	Harald Goldfuß			1971	M40	00:21:29	00:43:07
59	10	26	Viktor Bortnikow			1981	M30	00:22:01	00:43:21
60	7	154	Matthias Mühlhäußer	ASV Niederdorf		1967	M45	00:21:30	00:43:25
61	12	276	Dirk Junins			1973	M40	00:22:00	00:43:29
62	8	169	Christian Pfleger	IfL Fichtelgebirge		1966	M45	00:20:53	00:43:34
63	17	164	Emanuel Pellkofer	danube private university		1990	MU30	00:22:09	00:44:13
64	10	73	Bernd Haiminger	danube private university		1979	M35	00:22:23	00:44:15
65	13	5	Maher Azazi	Gruppe Sporteln		1973	M40	00:21:53	00:44:22
66	18	235	Korbinian Taubeneder			1988	MU30	00:22:28	00:44:34
67	19	200	Korbinian Saggau			1993	MU30	00:23:27	00:44:49
68	20	30	Andreas Bundil	Tri-Team Frankenalb		1991	MU30	00:22:57	00:44:51
69	21	91	Johannes Hofmann	Cubit Creek Triathlon		1989	MU30	00:22:58	00:44:51
70	6	146	Reinhard Mäusbacher	Team Erdinger Alkohlfrei		1963	M50	00:21:44	00:45:00
71	14	256	Stephan Zörner			1975	M40	00:23:19	00:45:03
72	22	148	Christian Mertes	Team Klinikum Nürnberg		1989	MU30	00:23:15	00:45:11
73	11	81	Mathias Helms	Laufen gegen Leiden e.V		1977	M35	00:22:24	00:45:28
74	11	285	Ingo Natzins			1982	M30	00:23:06	00:45:30
75	12	261	Slawomir Napiürkowski	SuperKasak.PL		1979	M35	00:23:05	00:45:32
76	12	56	Fabio Gaspar			1984	M30	00:23:07	00:45:38
77	23	189	Matteo Rizzi	Post SV Nürnberg		1989	MU30	00:23:25	00:45:40
78	3	37	Claus Ditterich	PowerBärs Rednitzhembach		1960	M55	00:22:23	00:46:13
79	4	123	Klaus Kriesch	SpVgg Greuther Fürth		1958	M55	00:22:59	00:46:29
80	15	230	Christian Stadler	TSV Greding		1975	M40	00:21:54	00:46:36
81	1	278	Leon jäger	Noris Road Runners		1996	MJU20	00:22:25	00:46:46
82	13	163	David Parys			1984	M30	00:23:35	00:46:54
83	9	62	Oliver Griepentrog			1970	M45	00:23:00	00:47:10
84	24	225	Tim Schwittinsky			1988	MU30	00:23:50	00:47:17
85	7	118	Johann Königshofer	Südtstadt Runner Nbg		1962	M50	00:23:24	00:47:24
86	14	226	Mike-Andre Seifert	MTP Hersbruck		1984	M30	00:23:47	00:47:33
87	8	219	Walter Schrödel	Post SV Nürnberg		1963	M50	00:23:11	00:47:38
88	10	109	Lothar Kastel			1967	M45	00:24:03	00:47:42
89	5	29	Alexander Bübel	Team Klinikum Nürnberg		1958	M55	00:23:16	00:47:44
90	25	161	Yin Pang			1987	MU30	00:23:06	00:48:06
91	9	157	Andreas Neumann	Ski-Club Lauf		1962	M50	00:24:34	00:48:08
92	13	271	Alexander Köhler			1978	M35	00:23:30	00:48:10
93	11	49	Andreas Fielitz			1966	M45	00:23:27	00:48:11

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94	15	119	Roland Korschelt	LizarD Running		1981	M30	00:25:12	00:48:20
95	16	67	Alexander Götz	RUNTERRA		1974	M40	00:23:41	00:48:22
96	17	68	Andreas Götz			1974	M40	00:23:44	00:48:23
97	18	113	Jeremy Ker-Davies			1971	M40	00:25:00	00:48:41
98	14	76	Manuel Heinrich	Gruppe Sporteln		1978	M35	00:24:47	00:49:24
99	15	95	Alexander Hopfe			1979	M35	00:25:21	00:49:30
100	6	165	Karl-Hermann Petersen	Team Klinikum Nürnberg		1956	M55	00:24:38	00:49:31
101	10	36	Johanes Diez			1965	M50	00:25:20	00:49:32
102	16	80	Udo Hellmanns			1977	M35	00:24:54	00:49:48
103	19	251	Karsten Wiesner	FF Haimendorf		1975	M40	00:25:05	00:50:11
104	17	51	Dirk Franke			1977	M35	00:25:36	00:50:12
105		59	Stepahan Geiger	TC Großgründlach			M	00:24:17	00:50:13
106	11	155	Thomas Münnich			1965	M50	00:25:14	00:50:43
107	26	4	Michael Auerochs	Baumi Sportico		1988	MU30	00:25:54	00:50:54
108	27	11	Andreas Baumgartl	Baumi Sportico		1987	MU30	00:25:54	00:50:55
109	28	127	Bernjamin Lee			1986	MU30	00:24:58	00:50:58
110	20	160	Stefan Osterlein			1974	M40	00:25:28	00:51:23
111	18	110	Michael Kattoll	Untrainierbar e.V.		1980	M35	00:25:50	00:51:28
112	16	156	Massiel Neri			1983	M30	00:26:16	00:52:01
113	7	274	Franz Schabler			1958	M55	00:25:16	00:52:39
114	19	263	Heiko Rost	TSV Dachsbach		1976	M35	00:26:27	00:52:57
115	12	84	Ulrich Henzold			1968	M45	00:26:53	00:53:01
116	8	245	Helmut Werner			1957	M55	00:26:36	00:53:44
117	20	28	Jens Braun	Taebudo e.V.		1978	M35	00:25:32	00:53:55
118	12	266	Harry Langeneck	L6 Frankenwiesel Fürth		1961	M50	00:26:45	00:53:56
119	29	279	Sebastian Waldmann	Noris Road Runners		1987	MU30	00:25:14	00:54:11
120	1	242	Friedrich Wagenpfeil			1947	M65	00:28:22	00:54:21
121	13	201	Reto Sax			1969	M45	00:28:18	00:54:51
122	13	141	Rolf Malter			1965	M50	00:28:16	00:55:01
123	14	280	Thomas Walter	Nürnberger Vers.		1968	M45	00:28:19	00:55:27
124	15	93	Stefan Hohenhaus			1968	M45	00:29:54	00:58:34
125	17	212	Cristian Schmidt			1981	M30	00:28:59	00:58:45
126	16	190	Lois Rohrer			1970	M45	00:29:21	00:59:17
127	18	253	Sebastian Würzberger			1981	M30	00:29:20	00:59:30
128	17	139	Anette Mahlberg			1966	M45	00:29:57	01:00:23
129	2	46	Herwig Eckert	Sp.V.gg Hüttenbach		1950	M65	00:29:52	01:00:27
130	21	224	Melanie Schweitzer			1977	M35	00:30:36	01:01:21